

[Kansas Food Source – Your Source to Find Food in the Sunflower State](#)

Kansas Food Source is a great go-to resource for finding food assistance in the **Sunflower State**. Whether you're in need of pantry locations or information on applying for **SNAP (Supplemental Nutrition Assistance Program)** or food stamps, this website has you covered. Additionally, it provides details about summer food sites for children.

Food Banks / Pantries / Meals in Topeka (call for updated info)

CLIENT TRACK Agencies: If you receive food from any one of these agencies there will be a 60-day waiting period until you can return to that same agency or any of the other Client Track agencies for food assistance. **Exception – Agency Discretion.**

Catholic Charities of NE Ks. (Client Track)

Picture ID Required

234 S. Kansas Ave. 233-6300

Outside Mobile Distribution (enter parking lot & proceed to dock located on north side of building to check-in & pick up food.)

Pantry open: 9:00 a.m. – Noon / 1:00 - 3:30 p.m. Monday, Tuesday & Thursday

[Food Pantry - Catholic Charities of Northeast Kansas \(catholiccharitiesks.org\)](http://catholiccharitiesks.org)

Doorstep (Client Track)

SS card for each person in the home

1119 SW 10th 357-5341

Tues-Fri 9 a.m. - 1:45 p.m. (clothing)

Mon-Fri 9 a.m. - 1:45 p.m. (food)

Fellowship & Faith Ministry (Client Track)

Picture ID for applicant & some form of ID for all other persons in home.

708 SE Lime St. 354-7262

Tues-Fri 9 a.m. -12 p.m. / 1-3 p.m.

I Care (Client Track)

Serving those living south of 6th St. & east of Kansas Ave.

2914 SE Michigan 267-5910

Mon-Fri 8:30 a.m. – 11:30 a.m.

TEFAP serving all of Shawnee Co.

Current piece of mail with date showing current address

SS Card for each person in household

Let's Help (Client Track)

Picture ID

200 S Kansas 234-6208

SS card for each person in household

Mon, Wed, & Fri. 9:30 a.m. - 11 a.m.

(food boxes, emergency services – all provided out of the front door)

Salvation Army (Client Track)

1320 SE 6th 233-9648

Pantry – Tues, Wed & Thurs. 9 a.m. – 11:30 a.m. & 1:00 p.m. – 3:30 p.m.

TEFAP on Tues & Thurs 9 a.m. - 11:30 a.m. and 1:00 p.m. - 3:30 p.m.

Picture ID

Proof of address separate from ID

Topeka Rescue Mission (Client Track)

Distribution Center 401 NW Norris

Food Boxes - Tues & Thurs 9 a.m. - 2 p.m. This is a drive thru at the NW end of the building.

Picture ID

SS card for each person in household

Boys & Girls Clubs of Topeka

Provides after school programming for youth ages 5-18 to include a snack & dinner at our Adams Club & Teen Center. Must be enrolled at the site.

During school days out, we provide breakfast, lunch & a snack at our Adams Club & Teen Center. Must be enrolled at the site.

Adams Club:

550 SE 27th St.

Topeka, KS 66605

785-234-5601

Teen Center:

1112 SE 10th Ave

Topeka, KS. 66605

785 – 234-5601

Boys & Girls Clubs of Topeka – Teen Center

1112 SE 10th Ave.

(Must provide name and number of people in household)

3:30 p.m. – 6:00 p.m.

2nd and 4th Wednesdays of each month

(Temporarily on hold)

With safety of all in mind, we are now filling orders by appointment only.

To place an order for pick-up, please call (785) 571-2042.

Capper Foundation

Not available to the public. Available to all

3500 SW 10th (785) 272-4060

Pediatric Families receiving services at Capper

Mon – Fri. 9 a.m. – 4 p.m.

Adults served in Residential Care & Direct Support Service Staff w/qualifying income level.

Community Action, 836-4500

Monthly Commodity Supplemental Food Program (CSFP) distribution to participants customers who live in Shawnee county and Maple Hill in Wabaunsee County who are 60 years or older and have an income at or below 130% of the Federal Poverty Level. Interested individuals must complete the CSFP application and provide required documentation to be added to the program. Distribution dates and locations vary depending on participant's address. Please call Community Action for additional information.

East Topeka Senior Center (Must submit application & be approved)

Harvesters Commodity Distribution

432 SE Norwood St. 232-7765

Mon – Fri, 10:00 a.m. - 11:30 a.m.

Elwanda's Food Pantry

p.m.

New Hope United Methodist Church

2915 SW 8th Ave, 233-0166

3rd Thursday of the month Noon – 2

Family of God Church- Randel Ministries

1231 NW Eugene St. 234-1111

2:00 p.m.

1 visit every thirty days.

Tuesday & Thursday 10:30 a.m. –

Highland Park High School Food Pantry, Fred Willer (785) 274-6026

Available to all HPHS students & families or by referral from 501 counselor or social worker

Highland Crest HOPE Food Pantry

3225 SE Adams (use rear door) 266-5537.

3rd Sunday, 12: p.m. – 2:00 p.m.

3rd Wednesday, 6:00 p.m. - 7:00 p.m.

4th Wednesday, 6:00 - 7:00 p.m.

Annual application

ID, SS card for each member of the household, one visit per month.

Hope House Ministries

Oakland Church of the Nazarene

939 NE Oakland 232-0142 Church leave message or 217-5190 (Jeanette)

2nd and 4th Sunday of each Month 12:30-1:30

Every Sunday free pancakes to anyone 9:10 a.m. -10:30 a.m.

Inward Faith Outreach Ministries

625 Polk Street 234-2332

4th Friday of the month, 12:00 p.m. - 4:00 p.m.

LULAC Senior Center

1502 N Seward Ave – 234-5809

Monthly (CSFP) Commodity distribution 2nd week of the month 10 a.m. – 12 p.m. daily.

Must fill out application, need proof of income and applicant must sign for the distribution.

Marantha Baptist Fellowship Food Pantry

(Come as often as needed. You don't need anything but your contact information.)

4935 SW Burlingame RD (785) 862-8810

Every 1st Wed. of the month 6 p.m. – 8 p.m.

Every 3rd Sat. of the month 9 a.m. – 12 noon.

New Hope Baptist Church - Food Pantry

404 SW Polk (785) 220-1123

1st & 3rd Saturdays, 9 a.m. - 12 p.m.

2nd and 4th Mondays, 9 a.m. - 12 p.m.

(May go twice per month)

Photo I.D. required at each visit

SS cards required for each person in the home.

New Hope Center

326 E. 9th St., Holton, Ks. 66436

Tues. 10 a.m. to 2 p.m. & Thurs 3 p.m. – 6 p.m.

Proof of Jackson Co. address separate from driver's license.

1 visit every 30 days.

Open Arms Outreach Ministries: House of Lazarus food pantry

2401 SE 11th St.

4th Saturday of the month, 11:00 a.m.-3:00 p.m.

St. Matthew Church

2800 SE Maryland

(Food limited to supply on hand)

Wednesday 9:00 a.m. to 10:00 a.m.

Mobile Food Pantries

1st Monday of the month, 1:30 p.m. – 2:30 p.m.

First Christian Church, 1880 SW Gage Blvd., 272-4290

1st Thursday of the month, 9:30 a.m. until the food runs out, 272-9009

Town & Country Christian Church - Location: Kansas Neurological Institute, 3107 SW 21st St,

1st Saturday of the month, 10 a.m. – 11 a.m.

New Mount Zion Missionary Baptist Church – 2801 SE Indiana St. (785) 766-3924

1st Saturday of the month, 2:30 p.m. – 3:30 p.m.

Living in Victory Fellowship, 232 SW Sanneman Drive – (913) 548-1496

2nd Tuesday of the month, 9:00 a.m. until the food runs out, 215-0205

Central Topeka Turnaround Team - Location: Kansas Expo Centre, 1 Expocentre Drive

2nd Saturday of the month, 9:00 a.m. – 10:00 a.m.

Jardine Middle School – 2600 SW 33rd St. 274-6330

2nd Saturday of the month, 1:30 p.m. – 2:30 p.m.

Hope House Ministries, Oakland Church of the Nazarene

939 NE Oakland Ave – 232-0142 Church leave message, or 217-5190 (Jeanette)

2nd Saturday of the month, 1:30 p.m. – 2:30 p.m. (EXCEPT, March, Nov. & Dec.)

Oakland Church of the Nazarene, 933 NE Oakland Ave. – 217-5190

3rd Friday of every month, 3:00 p.m. – 4:00 p.m.

Community Resources Council, Inc. – 455 SE Golf Park Blvd. 233-1365

Recipients give first name, zip code, number of children, adults and seniors in household.

3rd Saturday of the month, 11:00 a.m. until food runs out. 266-5688

Eastside Church of God in Christ – 2724 SE 10th, just north of Pine Ridge Community Ctr.

3rd Saturday of the month, 12:30 p.m. – 1:30 p.m.

234 SE Lime St. – (785) 925-6412

4th Monday of the month, 1:00 p.m. – 2:00 p.m.

The Salvation Army, 1320 SE 6th St. 233-9648

4th Tuesday of the month, 9:00 a.m. until food runs out
No distribution (December – March)

RMI, Randel Ministries Inc. - 1231 NW Eugene 234-1111

4th Friday of the month, 9:00 a.m. – 10:00 a.m.

Capitol City School – Hummer Park Football Field – East Parking Lot, 500 SW Tuffy Kellogg Dr.

4th Saturday of the month, 9:00 a.m. – 11:00 a.m.

(Distributes every other month beginning in February) Distributions February, April, June, August, October & December

Indiana Avenue Church of Christ – 3510 SE Indiana 266-7788

4th Saturday of the month, 9:00 a.m. – 11:00 a.m.

(Distributes every other month beginning in January) Distributions in January, March, May, July, September & November

Topeka First Free Methodist Church – 3450 SE Indiana 266-6610

4th Saturday of the month, 11:00 a.m. – 12:00 p.m.

Antioch Family Life Center - 1921 SE Indiana 232-1937

Rossville: 4th Wednesday of the month – 1:00 p.m. - 2:00 p.m.

Weather Permitting! (785) 836-4500

Community Action at Citizen Potawatomi Nation, 806 Nishnabe Trail

Auburn: 4th Friday of every month – 12:30 p.m. - 2:00 p.m.

Weather Permitting! (785) 836-4500

Community Action at Auburn Community Center, 121 W. 11th

OTHER RESOURCES & TOOLS

Corita's Corner Sandwich Ministry, 234 S. Kansas

Window located on the east side of the building (back of building) Sack

Lunch, Mon – Fri, 9:00 a.m. - 1:00 p.m.

Grace Episcopal Cathedral, 701 SW 8th Avenue

Every Saturday, distribute sack lunches 8:30 - 11:30 a.m.

Harvesters Customer Care: (877) 653-9519 www.harvesters.org Click on “Get Help” link & use the agency locator tool to find programs in your area.

United Way help line 2-1-1, (888) 413-4327

SNAP (food stamps) Hotline – Harvesters can assist with eligibility, & application questions. Contact the SNAP Outreach Team, (toll free, (877) 653-9522) or snap@harvesters.org for more info & to start an application.

Hot Meals

Meals on Wheels Eastern Kansas, 2134 SW Westport Drive, Topeka, KS 66614

785-430-2186

www.mowks.org

Home Delivered Meals

Fee:

Home delivered meals are based on a sliding scale and donations are encouraged. Funding may be available for some individuals. Donations may be made using cash, check, credit card or Vision Card.

Eligibility:

- Person 60 years of age or older who is Homebound(difficulty leaving the home unassisted)
- Person 60 years of age or older who is Isolated
- Person 60 years of age or older who is a Caretaker, as long as it is in the participant's best interest
- Spouse of an Eligible Participant as long as it is in the participant's best interest
- Disabled or Dependent Individual who resides in a non-institutional setting with an eligible participant and it is in the participant's best interest
- Registered congregate meal participant who needs a home-delivered meal(s) due to an illness or health condition

Congregate Meal Sites

Meal sites for age 60 & over & or disabled. Donations are encouraged but there is no set fee.

Noon meal with reservations the day before by 3:00 p.m. at the site or by calling 295-3980.

The spouse of an individual over 60 who accompanies them to the center or if under age 60 you must pay full price for the meal.

East Topeka Senior Center

432 SE Norwood Street

232-7765

First Apartments

3805 SW 18th Street

272-6700

Highland Park United Methodist Church	2914 SE Michigan Avenue	266-6555
Lulac Senior Center	1502 N Seward Avenue	234-5809
Papan's Landing Senior Center	619 NW Paramore Street	232-1968
Madison Street Apartments	600 SE Madison Street	234-3386
Tyler Towers Apartments	600 SW 14th Street	
Silver Lake Senior Center	404 E. Lake	582-5371
Rossville Senior Center 6364	429 Pearl	584-
Auburn Civic Center	1020 Washington St.	

Breakthrough House Club House, 1201 SW Van Buren

Open only to members of the Clubhouse for breakfast and lunch, Monday through Friday. Membership is required. Please call 785-232-6960 for details.

Hands of Hope Ministry, 222 NW Jay St.

(1 block east of Topeka Blvd. behind the Gas n' Shop)

Mondays, 5:30- 6:30 p.m. Provides a hot evening meal for those in need.

We are not serving meals right now and will start again when it is deemed safe to resume.

Highland Crest 7th Day Adventist Church, 3225 SE Adams, 266-5537.

Breakfast for children every 4th Saturday at 9:30 a.m. & lunch for children at 1:00 p.m.

Let's Help, 200 S. Kansas 234-6208

Mon, Wed & Fri. 11:30 a.m. – 12:30 p.m. (sack lunches give out front door)

Silverbackks Silver Supper Serving Children up to age 18, Monday-Thursday

Garfield Community Center, 1600 NE Quincy, meal served at 5:30 p.m.

Central Park Community Center, 1534 SW Clay, meal served at 5:30 p.m.

Hillcrest Community Center, 1800 SE 21st, meal served at 6:00 p.m.

Silverbackks Silver Sunday, 408 SW Jackson, free meal to any age

Every Sunday, doors open at 11:30. Seconds begin at 12:15 (if possible)

Service ends at 12:30 or prior, if food runs out.

The Salvation Army, 1320 SE 6th, 233-9648, Mon - Fri. Evening Meal 4:00 p.m. - 5:00 p.m.

Topeka North Outreach, 233-1370

VIP Senior Luncheons, held every Friday at 12 noon for those age 55 and over.

New location is: Topeka Church of the Brethren, 3201 NW Rochester Rd.

Topeka Rescue Mission, 600 N. Kansas 354-1744

A sack with food for breakfast & dinner is provided M – F, 6:00 p.m. – 6:30 p.m. at the back door. Sat & Sun 5:00 p.m. – 5:30 p.m. at the back door.

WIC supplemental food program for pregnant, recently deliver and breastfeeding Women, Infants and Children up to age 5 years

Shawnee County Health Department Call for an appointment (785) 251-5607

West Side Baptist Church – 233-4241

Baby Closet – Mon 9-11 a.m., Wed 5-7 p.m., Thurs 1-3 p.m.

1008 SW 4th St

Baby Closet helps for kids wearing clothing under 5T. We give diapers, wipes, formula, clothing, blankets, shoes, coats and a lot more items. May go once a month.

Local Resources

Financial Assistance:

1. Catholic Charities: 234 S Kansas Ave, Topeka, KS 66603, Phone number: (785) 233-6300. Hours: by appointment only; can call anytime M-F 8:30-4.
2. Community Action: 1000 SE Hancock St, Topeka, KS 66607, Phone number: (785) 836-4500. Hours not listed.
3. Doorstep, Inc: 1119 SW 10th Ave, Topeka, KS 66604, Phone number: (785) 357-5341. Hours: M-F 9-1:45 (client service hours; office open 8-3).
4. Let's Help Inc: 200 S Kansas Ave, Topeka, KS 66603, Phone number: (785) 234-6208. Hours: M-F 9-4.
5. Salvation Army: 1320 SE 6th Ave, Topeka, KS 66607, Phone number: (785) 233-9648. Hours not listed.
6. United Way of Greater Topeka: 1527 SW Fairlawn Rd, Topeka, KS 66604, Phone number: (785) 273-4804. Hours: M-F 8-5.

Childcare Centers:

1. YMCA Downtown Childcare Center; 421 SW Van Buren Street, Topeka, KS 66603; (785) 354-8591
2. YWCA of Northeast Kansas; 225 SW 12th Street, Topeka, KS 66612; (785) 233-1750
3. Building Blocks of Topeka Inc.; 620 SW Lane Street, Topeka, KS 66606; (785) 232-0441
4. TDS Learning Center (Highland Park); 2424 SE California Ave., Topeka, KS 66605; (785) 274-6015
5. Pine Ridge Prep School; 1110 SE Highland Ave., Topeka, KS 66607; (785) 783-7418
6. University United Methodist Church; 1621 SW College Ave., Topeka, KS 66604; (785) 235-2331
7. First Christian Church Child Care Center; 1880 SW Gage Blvd., Topeka, KS 66604; (785) 272-4291
8. Community Resources Council; 455 SE Golf Park Blvd., Topeka, KS 66605; (785) 233-1365
9. TDC Learning Center – Crestview; 2245 SW Eveningside Drive, Topeka, KS 66614; (785) 228-9216

10. La Petite Academy of Topeka; 3325 SW Gage Blvd., Topeka, KS 66614; (785) 273-9393
11. Community Preschool; 1811 SW Fairlawn Road, Topeka, KS 66604; (785) 272-2902
12. TDC Learning Center – Adventures; 817 SW Harrison Street, Topeka, KS 66612; (785) 234-2273
13. Lighthouse Day School; 2036 NW Taylor Street, Topeka, KS 66608; (785) 215-1674

Sexual Wellness:

Positive Connections: Do STI testing & accept walk ins (Though they do suggest calling to schedule for an appointment but not required)

2044 SW Filmore, Topeka, KS 66604; (785) 232-3100; williamb@pcneks.org

Testing hours:

Monday, Wednesday, and Thursday 8:30-4:00

Tuesday 8:30-6:00

Friday 8:30-11:00

Office Hours

Monday, Wednesday, and Thursday 8:00-5:00

Tuesday 8:00-7:00

Friday 8:00-12:00

YWCA – The YWCA Center for Safety and Empowerment provides FREE and CONFIDENTIAL services to victims of domestic and sexual violence, stalking, and human trafficking in Shawnee, Jackson, Brown, and Wabaunsee Counties in Kansas; 225 SW 12th Street, Topeka, KS 66612; (785) 354-7927; Monday, Wednesday, Thursday, Friday 9-5, Tuesday 10:30-5.