



SCHOOL OF APPLIED STUDIES
Family and Human Services



Family & Human Services Graduate Programs

***Online* MASTER OF ARTS: FAMILY AND HUMAN SERVICES/ADDICTION COUNSELING**
NAADAC and KSBSRB Approved

***Online* GRADUATE CERTIFICATE IN TRAUMA AND RECOVERY**

Program Manual

Department of Family and Human Services
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NOTICE

Because changes may be necessary from time to time, this document should not be construed as creating a contract between the Family and Human Services Department and any person. The Family and Human Services Department reserves the right to make any changes deemed necessary at any time in its policies, practices, academic programs, courses, schedules, or calendars. This includes the right to correct clerical or typographical errors in any/all of its printed and/or online documents. Matriculation at the University and in the Family and Human Services Department is a privilege and not a right. The Family and Human Services department reserves the right to dismiss any student who does not meet academic requirements or who does not maintain acceptable standards of conduct or character consistent with the values and ethics of the family and human services profession.

LICENSURE/CERTIFICATION IN OTHER STATES

Students who wish to pursue a license in another state are responsible for learning that state's requirements. Students attempting to meet educational regulations of other states should check with their state to ensure that Washburn University offers the courses they need to be eligible for licensure in their home states. Any student hoping to start our master's program in addiction counseling while living in another state must sign an attestation form regarding licensure expectations.

Graduate Programs in Family and Human Services

MISSION OF THE FAMILY AND HUMAN SERVICES DEPARTMENT

The mission of the Family and Human Services Department is for students to attain the attitudes, skills, and knowledge to become effective, ethical, and compassionate human service professionals who engage in creative approaches to meet diverse individual, community, and societal needs.

LEARNING OUTCOMES OF THE FAMILY AND HUMAN SERVICES DEPARTMENT

1. Demonstrate an advanced integrative approach to the provision of human services.
2. Demonstrate the foundational values of the Family and Human Services field, including the promotion of strengths, diversity, social justice, and integrative wellness.
3. Use effective professional practice skills in applied settings, including prevention, assessment, treatment, and program monitoring.
4. Display interpersonal and professional skills appropriate for leadership in the helping professions.
5. Adhere to the profession's Code of Ethics.

PROGRAM REQUIREMENTS

There are several deadlines that must be met regarding graduation. It is the student's responsibility to see that all forms are filed, and all deadlines are met. Students may obtain a copy of graduation deadlines for the semester in which they will graduate from the University Registrar's Office. Students must regularly check their Washburn email for important announcements from the university.

After students have completed the required graduation forms, recommendation that a Graduate Certificate in Trauma and Recovery be granted must be submitted by the faculty of the department to the Dean of the School of Applied Studies, the University Administration, and the Washburn University Board of Regents.

Grade Requirements

- A student earning a D or F in a course may be allowed to retake the course for a higher grade in order to earn the degree.
- A student may have no more than two Cs on their transcript for a degree or certificate to be awarded. Students may be allowed to re-take courses to meet this requirement.
- It is University policy that students must earn a minimum GPA of 3.0 to earn a

graduate degree or certificate.

Continuous Enrollment

Continuous enrollment in the graduate program is expected. If the student discontinues enrollment for two semesters or more, readmission may be required. Contact the program director for instructions. Should readmission be granted, it will be based on the requirements and regulations effective at the time of readmission. If a student drops out of sequence from his/her cohort due to discontinuing enrollment for a semester or two, the program may take longer to complete due to the sequential nature of course offerings. Students who fail to complete their practicum requirements within the allotted time may be granted an extension. If so, they will be required to enroll in HS 777 to receive the required university supervision.

Time to Complete Program

Students have six years from the semester they start the program to finish all program requirements. If a student exceeds this time limit, they may petition the department to continue in the program. The department will review their transcript and may require the student to re-take courses that are deemed out-of-date.

Degree and Certificate Requirements

- Complete required coursework (described below)
- Successfully complete fieldwork requirements (described below)
- At least 75% of academic credits must be taken at Washburn University
- Must meet grade requirements (described above)
- Must meet continuous enrollment requirements (described above)

Minimum Required Technology Equipment and Digital Information Literacy Skills

Students in the MA program will need **reliable access to** and the **ability to use** the following:

- Desktop or laptop computer
- Reliable internet connection that will allow you to participate multiple times per week.
- Ability to video-record and video-conference (e.g., use of webcam, phone/tablet with camera, etc.)
- Ability to occasionally fax documents
- Ability to scan or convert documents to PDF

The following are available for FREE to students:

- Adobe Flash
- MS Word, MS Excel, MS PowerPoint (you must be able to use these or similar programs proficiently)
- Browser (Firefox or Chrome)
- Operating Systems
 - Windows: Windows 7 or above
 - MAC: OSX (latest version)

ADMISSION REQUIREMENTS AND PROCESSES

Admission Levels:

There are four levels of admission to the program, as described below. Please note that applications and acceptance into any of the following student standings will be automatically revoked after one year if a student does not enroll in at least one course after they are admitted. After one year, students may be required to reapply for admission into the program.

Fast-Track Student Standing

New undergraduate family and human services students have the option of earning their BAS-FHS/AC and MA-HS/AC in 5 years (138 hours total). The process for this path is as follows: First, in Year 1 of their undergraduate degree, students should alert the department of their interest in the fast-track program so that they may receive appropriate advising. Second, in the final semester of Year 3 of study, students must apply to the MA-HS program, using the same application procedures detailed throughout this manual. Minimum requirements for Fast-Track Standing include the following:

- Brief letter of interest to the Program Director
- Anticipated completion* of all requirements for university-wide, general education, FHS core, and addiction counseling track coursework prior to commencing graduate coursework in Year 4.
- Overall GPA of 3.0 (on a 4.0 scale) over the last two years (60 credits) of university coursework.
- Demonstration of personal and intellectual qualities necessary to successfully pursue course and fieldwork, and potential for professional development in family and human services.

*Students who are accepted as Fast-Track Standing students will automatically have their admissions status revoked if they fail to complete these requirements.

Regular Student Standing

Applicants seeking Regular Standing as degree-seeking students in the program should use the application procedures detailed throughout this manual. Minimum requirements for Regular Standing status include the following:

- Earned* Bachelor's degree from an accredited institution of higher education.
- Overall GPA of 3.0 (on a 4.0 scale) over the last two years (60 credits) of university coursework. If a student fails to meet this requirement, we encourage you to apply for provisional standing (see below).
- Demonstration of personal and intellectual qualities necessary to successfully pursue course and fieldwork, and potential for professional development in family and human services.

*Students who are accepted as Regular Standing students while finishing the final stages of a Bachelor's degree will automatically have their admissions status revoked if they fail to earn the expected degree by the time MA courses begin. They may then be eligible for Provisional Standing, at the discretion of the Family and Human Services Department.

Non-Degree Seeking Student Standing

Students who are not formally admitted to the MA in Family and Human Services program may be allowed to enroll in specific courses as a non-degree seeking student under the following conditions:

- A person with a master's degree in a helping profession who wants to take specific coursework for purposes of professional development or to satisfy license requirements.
- Other conditions as approved by the Family and Human Services Department.

Early Entry Student Standing

Washburn University students who are or will be in their senior year (at least 88 credit hours complete) of a Baccalaureate degree in a Helping Profession (e.g. Family and Human Services, Psychology, Social Work, Nursing, etc.) can apply for early-entry into MA program coursework and take up to 6 credit hours of graduate coursework *in addition* to the courses required for completing the undergraduate degree. This is not the same as being admitted to the MA program. Minimum requirements for Early Entry Standing include the following:

- Brief letter of interest to the MA Program Director

- Overall GPA of 3.0 (on a 4.0 scale) over the last two years (60 credits) of university coursework.
- Demonstration of personal and intellectual qualities necessary to successfully pursue course and fieldwork, and potential for professional development in family and human services.

Early Entry Standing will require approval of the Family and Human Services department.

Provisional Student Standing

Applicants may be granted provisional status by the Family and Human Services Admissions Committee for the following reasons:

- An applicant may be denied admission as a regular-standing student, but invited by the Admissions Committee to take specific courses in order to demonstrate their capacity for success in graduate work.

In order to be promoted to Regular Standing, a Provisional Standing student must complete their first semester with a minimum requirement of a 3.0 GPA, no grades below a C, and the recommendation of instructors who are familiar with the student's performance in the program. Promotion to Regular Standing will require approval of the Family and Human Services department.

Transfer of Academic Credits

It may be possible for transfer students to substitute a portion of coursework (up to 9 credit hours) from other accredited graduate programs, but all requests for substitutions are reviewed on a case-by case basis and must be approved by the MA Program Director. The applicant must have received a grade of "B" or better in the course(s) under consideration for transfer credit. Applicants seeking to obtain credit for previous coursework must submit a syllabus for the course and solicit at least one of their three required letters of reference from a faculty member or department chairperson of the accredited program from which the applicant is transferring. If the applicant seeks to obtain transfer credit for a practicum, he/she must obtain a second letter of reference from his/her field practicum supervisor. Washburn University is not able to guarantee that the transfer credits it accepts for its MA in Family and Human Services program will be accepted by a state licensing board, as they are independent entities. Students who have questions about whether transfer courses will count for licensure purposes should contact the state licensing board directly.

Applicants should be aware that the transfer of credit could impact their eligibility for

financial aid if they drop below full-time status in a given semester. Please contact the financial aid office directly for more information.

Life/Work Experience

The Washburn University Master of Arts in Family and Human Services Program does not award college credit for life/work experiences.

Tuition

Tuition and fees are established by the Board of Regents and are subject to change at any time. All payments are made to the University Business Office. The tuition charge is applicable to all terms of work such as regular semester, evening program, etc., whether taken for credit or as an auditor. Information regarding tuition, student activity fees, parking, etc., can be found on the university website.

Financial Aid

For information about financial aid, contact the Financial Aid Office located in Morgan Hall 267, or call the office at (785) 670-1151.

Application Steps

1. Read this Information and Application Manual in its entirety and contact the program director if you have any questions.
2. Go to the Washburn Admissions webpage (www.washburn.edu/admissions) and complete the online Graduate admissions application. You will need the following information: basic educational and professional information, resume, unofficial copies of transcripts, contact information for three people who will fill out references forms (forms will be emailed directly to them), and a personal statement responding to instructions provided in the application system. You do not have to complete the application in one sitting—you can save it and return as needed.
3. The unofficial transcripts provided in Step 2 above expedite the application review process. However, the university will require official transcripts to finalize admission and financial aid decisions. Please have official transcripts sent directly from the institution to: etranscripts@washburn.edu

Application Letters of Recommendation

Students should work to cultivate professional networks to serve as references and to write letters of recommendations.

- Letters of recommendation should NOT be completed by a person the applicant has a close personal relationship with (e.g., family, housemate, romantic, etc.). This includes past or existing relationships.
- While Family and Human Service Department faculty will fulfill requests to document fieldwork hours and to verify degrees, students should not expect faculty to complete professional references for the MAHS-AC program applications.
- Your references should come from licensed/credentialed professionals in the field who have observed your performance as you work with clients.

If you wish to review your Letters of Recommendation: Washburn University complies with the Family Educational Rights and Privacy Act of 1974 (FERPA), as amended, which requires that students be advised of their rights concerning educational records, such as letters of recommendation.

Students, who have selected *"I Do Not Waive My Right"*, may request to review letter(s) of recommendation by:

1. Notifying the program director in writing (letter or email) that he/she wishes to review letter(s) of recommendation. Such notification must take place during the fall or spring semesters. Departments will not respond to requests received during semester breaks or summer.
2. Giving the program director up to five business days to respond.
3. Scheduling a face-to-face meeting or video conference (e.g., Skype, Zoom) with the program director, faculty or staff member.
4. During the meeting, the program director, faculty or staff member will allow no more than 10 minutes per letter of recommendation to be reviewed.
5. Students may take notes but may not make copies of letters. Pictures and screen shots of letters are also not allowed.
6. Request for review can't occur during active consideration or while applications are under consideration.

Washburn Equal Educational Opportunity Policy

Washburn University is committed to providing an environment for individuals to pursue educational and employment opportunities free from discrimination and/or harassment. The University prohibits discrimination on the basis of race, color, religion, age, national origin, ancestry, disability, sex, sexual orientation, gender identity, genetic information, or marital or parental status. Each unit within the University is charged with conducting its programs and activities in accordance with the University commitment to equal opportunity for all. According to university policy, if a student shares information about a sexual assault then the faculty member is required to report it to the Equal Opportunity Officer. For additional information: <http://www.washburn.edu/statements-disclosures/equal-opportunity/index.html>

Equal Opportunity Director, 785-670-1509, Morgan Hall, 380A

Advising and Registration

Upon admission to a graduate program in Family and Human Services program, students will be advised by department faculty, who will assist students with selecting courses.

Graduate students in the Family and Human Services Department are not permitted to enroll in any undergraduate course work without written permission from their department faculty advisor. Students who violate this rule may be administratively withdrawn.

Online Master of Arts in Family & Human Services Addiction Counseling Emphasis (MA)

PROGRAM DESCRIPTION

The MA in Family and Human Services/Addictions Counseling is approved by NAADAC and the Kansas Behavioral Sciences Regulatory Board. We prepare students to become Licensed Master's Addiction Counselors (LMAC) with a holistic, integrative approach to their work. Course work emphasizes the application of theory and research to the delivery of family and human services with an emphasis in addiction counseling. The Master's degree coursework is offered entirely online, with fieldwork in the student's own community.

Degree Requirements

- Complete 36 credit hours of required coursework (described above)
- Successfully complete fieldwork requirements (described below)
- At least 75% of academic credits must be taken at Washburn University
- Must meet grade requirements (described above)
- Must meet continuous enrollment requirements (described above)

Coursework

The MA in Family and Human Services degree program is a two (2) year program (for full-time students) requiring a minimum of 36 credit hours of coursework. Our typical coursework consists of the following list, which is approved by the Kansas BSRB and NAADAC. Some flexibility may be possible and students from other states are encouraged to contact us with questions.

- HS 600 – Integrative Human Services
- HS 604 – Advanced Methods of Individual Counseling
- HS 605 – Advanced Methods of Group Counseling
- HS 610 – Professional Ethics and Practice
- HS 615 – Advanced Pharmacology and Substance Use Disorders
- HS 620 – Integrative Approaches and Treatment of Co-Occurring Disorders
- HS 625 – Addiction and Recovery Services
- HS 635 – Diagnosis of Substance Use Disorders
- HS 640 – Practicum I
- HS 641 – Practicum II
- HS 660 – Supervision and Leadership
- HS 695 – Applied Research

Access our courses catalog descriptions at the following link:

<https://catalog.washburn.edu/graduate/school-applied-studies/family-human-services-graduate-programs/>

Practicum Placement Requirements

Students must complete the required practicum courses through placement at an approved practicum site in order to earn the Master's Degree. Students must successfully complete (or currently enrolled in) or be enrolled in HS 604, 605, 610, 635 to qualify for practicum. Many students from widely varying backgrounds, including students with criminal records or a history of personal mental health or addictions treatment, have been able to successfully complete approved field placements. However, the Family and Human Services Department reserves the right to not place a student at an agency in which the student has an existing or potential conflict of interest, including, but not limited to, dual relationships with an agency supervisor. The Family and Human Services Department may also share information about a student with a potential practicum agency if we have reason to believe this information is directly relevant to the safety and quality of services the individual can provide in that particular setting. Finally, most practicum sites conduct criminal background checks, and have full and independent discretion regarding whether or not to accept a student. Occasionally, students with particular types of criminal records (e.g., crimes against persons, fraudulent service-provision) may find it difficult, or even impossible, to secure placement at an approved site. We cannot force agencies to accept students, and we cannot grant a degree to a student who has not completed the approved practicum experiences.

Review the practicum manual, application, and log of hours at the following link:

<https://www.washburn.edu/academics/college-schools/applied-studies/departments/human-services/graduate-practicum.html>

KANSAS ADDICTION COUNSELOR LICENSURE INFORMATION

BSRB regulations are subject to change at the state level. Students should contact the BSRB for the most up-to-date information on licensing requirements.

Our Master of Arts in Family and Human Services is approved by the Kansas BSRB to provide the education requirements for the Licensed Master's Addiction Counselor (LMAC). The state has additional licensing requirements, including (but not limited to) a professional examination, background check, references, and application fee for the LMAC and LCAC, as well as a clinical supervision training plan (LCAC only). The BSRB application requirements are detailed on their website.

A professional in Kansas who works as a Licensed Master's Addiction Counselor (LMAC) will have a scope of practice limited to diagnosing and treating substance use disorders and recognizing the impact of co-occurring disorders under supervision of a qualified, licensed professional.

[Please note: Addiction counselors do not qualify as mental health professionals (i.e., LPC, MFT, MSW, LP), and you would not be able to diagnose mental health disorders. This profession is specifically for people interested in primarily diagnosing and treating substance use disorders and co-occurring disorders.]

If you have questions about whether your criminal background check will impact your ability to get licensed by the Kansas Behavioral Sciences Regulatory Board, please contact them at 785-296-3240.

Students who have been issued another Master's level professional license by the BSRB (e.g. LMSW, LMFT, LPC, LMP) have other options available for becoming an LMAC/LCAC and should contact the Kansas BSRB directly.

Online Graduate Certificate in Trauma and Recovery

PROGRAM DESCRIPTION

Graduate students are eligible to apply for the Graduate-level Certificate in Trauma and Recovery. Requirements are outlined below. This curriculum emphasizes the need for helping professionals to appropriately address people and practices with a trauma-informed lens. Exposure to trauma is common and our care systems must account for this. All courses are offered online to meet the needs of working students. Part-time and full-time scheduling options are available.

Degree Requirements

- Complete 18 credit hours of required coursework (described below)
- Successfully complete fieldwork requirements (described below)
- At least 75% of academic credits must be taken at Washburn University
- Must meet grade requirements (described below)
- Must meet continuous enrollment requirements (described below)

Coursework

The Graduate Certificate in Trauma and Recovery program is a one (1) year program (for full-time students) requiring a minimum of 18 credit hours of coursework. Our typical coursework consists of the following list. Some flexibility may be possible and students from other states are encouraged to contact us with questions.

Awarding of the certificate requires a prior or concurrent Master's degree. Practicums require a minimum of 200 clock hours with requirement of trauma-informed care instruction; student must apply one semester in advance.

Certificate Requirements

- HS 601– Working with Trauma
- HS 602– Trauma and Recovery Services
- HS 604 – Advanced Methods Individual Counseling
- HS 605 – Advanced Methods Group Counseling
- HS 610 – Professional Ethics/Practice
- HS 640 – Practicum I or HS 641– Practicum II

Access our courses catalog descriptions at the following link:

<https://catalog.washburn.edu/graduate/school-applied-studies/family-human-services-graduate-programs/>

Practicum Placement Requirements

Students must complete the required practicum courses through placement at an approved practicum site in order to earn the graduate certificate. Many students from widely varying backgrounds, including students with criminal records or a history of personal mental health or addictions treatment, have been able to successfully complete approved field placements. However, the Family and Human Services Department reserves the right to not place a student at an agency in which the student has an existing or potential conflict of interest, including, but not limited to, dual relationships with an agency supervisor. The Family and Human Services Department may also share information about a student with a potential practicum agency if we have reason to believe this information is directly relevant to the safety and quality of services the individual can provide in that particular setting. Finally, most practicum sites conduct criminal background checks and have full and independent discretion regarding whether or not to accept a student. Occasionally, students with particular types of criminal records (e.g., crimes against persons, fraudulent service-provision) may find it difficult, or even impossible, to secure placement at an approved site. We cannot force agencies to accept students, and we cannot grant a certificate to a student who has not completed the approved practicum experiences.