



Step 1: Check the tags on your clothes. Trust them, and wash/dry on the appropriate cycle.

Tip: clothes are usually less likely to shrink in cold water.

Step 2: Sort your colors. Whites should be washed separately from deep colors like red, otherwise, your whites are likely to turn pink. Separate out whites and colors, and if you want you can even sort out dark colors and light colors.



Step 3: Check your pockets! You never know what you might have left in your pockets from money to a tissue. A tissue left in a pocket could make for a mess after a wash cycle.

Step 4: When loading up the washer, don't stuff it as full as it will go. Your clothes won't get as clean, and won't spin as much water off to help them dry faster.





Step 5: If you are afraid a shirt might shrink, either dry it on low heat, or don't put it in the dryer at all. Air dry shirts to reduce shrinking.

Step 6: As soon as your laundry is dry, take it out and fold it to reduce wrinkles in your clothes, and to free up a dryer for someone who may need it next!



**Congratulations! You've
just done a load of laundry
on your own!**