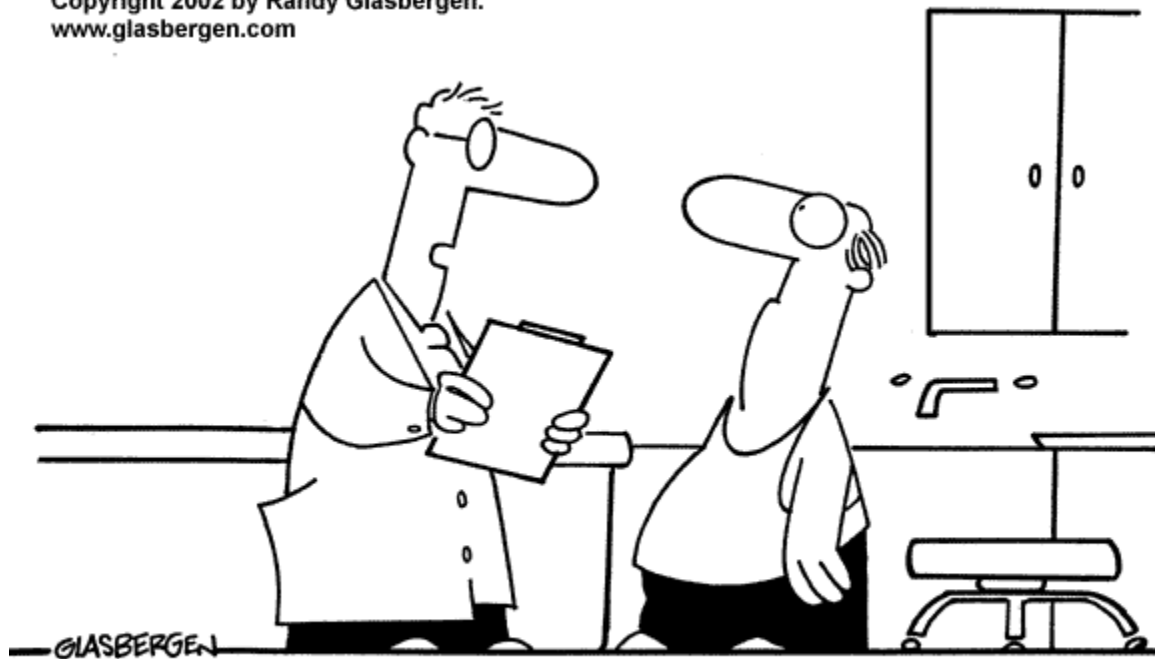


The importance of knowing your numbers!

A biometric screening is a short health examination that can help to determine the risk level of a person for certain diseases and medical conditions and help to establish a health baseline. A typical screening will take place in about 15-30 minutes, and consist of a blood draw (finger stick to test your HDL, LDL, Triglycerides, and Glucose) and other basic biometrics (BP, Height, Weight, BMI, and waist circumference).

When you put all of these measurements together, you can assess your risk for heart disease, stroke, and diabetes. These illnesses and health conditions can be prevented with early detection, which is why knowing your numbers is so important.

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“No, HDL and LDL were not the robots in Star Wars.”

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