

BACHELOR OF ARTS IN PHYSICAL EDUCATION, Spring 2008

Concentration: Health Education and Promotion

Name _____ Advisor _____

SS#: _____ Current Phone # _____

e-mail address: _____

Transfer from: _____ AA earned? _____ Date Declared: _____ Catalog year: _____

Degree audit #1: _____ #2: _____ Application for Degree: _____

Projected semester of graduation _____

45 hrs upper division (41-47)

- PE 320 (3) AL 320 (3)
- PE 321 (3) PY 326 (3)
- PE 326 (3)
- PE 308 (3) NU 369 (2)
- PE 333? (2) HL 377 (2)
- PE 494 (6-12) HL 477 (3)
- PE 496 (2) EN 300 (3)

_____ advisor

84 hours outside the major? **91**

Additional electives?

- PE 198 (2)
 - HL 152 (3)
 - BI 250 (3)
 - BI 255 (4)
 - EN 101 (3)
 - EN 300 (3)
 - MA 110/116 (3)
 - Foreign language? (4)
 - Natural sciences (12)
 - Social sciences (15)
 - Humanities (15)
 - Concentration non-PE (24)
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UNIVERSITY REGULATIONS

HAVE YOU CONSIDERED?

124 hours earned?

short/long term education goals

84 hours earned, graded?

short/long term career goals

99 hours in College of Arts & Sciences?

study abroad

30 hours in residence at Washburn?

honors

20 of last 30 at WU? OR 40 of last 60 at WU?

graduate programs

no more than 12 correspondence hours?

community resources

no more than 5 pass/fail courses?

no more than 5 repeated courses?

BACHELOR OF ARTS DEGREE - HEALTH EDUCATION AND PROMOTION

CORE REQUIREMENTS (C minimum) - 21 credits

- _____ HL 152 Personal & Community Health (3)
- _____ PE 250 Introduction to Human Movement Studies (2; take within first 2 semesters in HPEES)
- _____ PE 299 Measurement & Evaluation (3) (MA 110/116)*
- _____ PE 320 Motor Learning (3)
- _____ PE 321 Kinesiology (3) (BI250/275)*
- _____ PE 326 Exercise Physiology (3) (BI 255)*
- _____ PE 496 Synthesis & Application (2) (all core courses, plus microcomputer course)*

INTEREST AREA COURSES (C minimum) 12 hours PE courses: 6-200+, 6-300+

- _____ PE 308 **Nutrition for Sports and Fitness (3) (HL 152 or PE 198)***
- _____ PE 410 **Fitness Testing and Exercise Prescription (3F) (PE 326)***
- _____ PE 494 **Internship (6-12); 3 credits count in the interest area (First Aid/CPR Certification)**
- _____ PE _____ ()

ADDITIONAL CONCENTRATION COURSES (C minimum) - 22 credits

- _____ HL 100 **Stress Management (2)**
- _____ HS 210 **Introduction to Addictions (3)**
- _____ HS 270 **Adult Theories in Aging (3)**
- _____ HL 277 **Principles of Health Education and Promotion (3S) (HL 152 or PE 198)***
- _____ AL 320 **Human Disease (3) (BI 250 or BI 275, may be concurrent)***
- _____ PY 326 **Health Psychology (3) (PY 100 or PY 101)***
- _____ HL 377 **Critical Issues in Health (2S) (HL 152 or PE 198)***
- _____ HL 477 **Health Education and Promotion Program Planning and Evaluation (3F) (HL 277 and HL 377)***

ACTIVITY REQUIREMENTS (C minimum) - 4 credits (Note: does not include PE 198 for General Education)

- PE activity or PE 260/261/360/361/400 (if not used in interest area)
- _____ PE _____ () _____ PE _____ ()
 - _____ PE _____ () _____ PE _____ ()

CORRELATED REQUIREMENTS (C minimum) 9-10 credits

- _____ PE 333 Microcomputers in PE (2) **OR** CM 101-Computer Competency and the Internet (3) spring
- _____ BI 250 Introduction to Human Anatomy (3) (BI 100)*
- _____ BI 255 Elementary Human Physiology (4) (BI 100)*

COMPLETION OF GENERAL EDUCATION REQUIREMENTS - 11+ credits

- _____ PE 198 Lifetime Wellness (2) _____**
- _____ EN 101 Freshman Composition (3) (C minimum) **OR** HN 102-Honors English
- _____ EN 300 Advanced Composition (3) (C minimum)
- _____ MA 110 Exploring Mathematics (3) (C minimum)
- _____ **OR** MA 116-College Algebra (3) **OR HIGHER math class** (C minimum)
- _____ Foreign language @ 102 level / test-out / AP or CLEP = 4 / non-English native language

NATURAL SCIENCES: 12 CREDITS from at least 3 areas: max 6 credits from one area: BI, CH, IS 170, PS, AS, GL, MA; APPROVED LIST ONLY or AA

- _____ BI 100,101 Introduction to Biology with Health Emphasis/Lab (5)**
- _____ IS 170 **Library Research Strategies (1) (C minimum) ** May count toward any Gen Ed area**
- _____ MA 140 **Statistics (3) (C minimum)**

SOCIAL SCIENCES: 15 CREDITS from at least 3 areas; max 6 credits from one area: PO, HI, IS 170, PY, EC, SO, AN, GS or HN 202-Honors Seminar, APPROVED LIST ONLY or AA

- _____ PY 100 or 101 **Basic Concepts in Psychology (3) or Psychology of Adjustment (3) (C minimum)**
- _____ _____ () _____ _____ ()
- _____ _____ () _____ _____ ()

HUMANITIES: 15 CREDITS from at least 3 areas: max 6 credits from one area: 3 must be from AR, MU, or TH: AR, CN, EN, FR/GE/SP, IS170, MM, MU, PH, RG, TH, APPROVED LIST ONLY or AA

- _____ CN 241 or 150 **Business & Professional Speaking (3) or Public Speaking (3) (C minimum)**
- _____ _____ () _____ _____ ()
- _____ _____ () _____ _____ ()

*Prerequisite

**May be taken pass/fail

Bold and italicized courses are required by the concentration and require a grade of C or better.