

**Washburn Student Government Association
Trautman/Hanes Administration, February 23, 2022**

- I. Call to Order – Shayden Hanes
- II. Roll Call – Quinn Leffingwell
- III. Review of Proceeding Meeting Minutes
- IV. Cabinet Reports
 - a. Campus & Community Affairs Director Smith
 - b. Special Events Director Wessel
 - c. Communications & Marketing Director Carter
 - d. Diversity and Inclusion Director Dorantes
 - e. Administrative Assistant Leffingwell
 - f. Legislative Director Ngatia
 - g. Budget Director Rorstrom
 - h. Chief of Staff Young
 - i. Vice President Hanes
 - j. President Trautman
 - k. Advisor Grospitch
- V. Committee Reports
 - a. Allocations Chairperson Buller
 - b. Campus and Community Affairs Chairperson Lopez
 - c. Communications Chairperson Cook
 - d. Diversity & Inclusion Chairperson Jeter
 - e. By-Laws Speaker LaRue
- VI. New Business I
 - a. SR 21-22 #024: Standing Up to Mental Health Stigma
- VII. Announcements
- VIII. Roll Call
- IX. Adjournment

SR 21-22 #024

TITLE: Standing Up to Mental Health Stigma
ORIGINATOR: Vice-Chairperson Nelson
SPONSOR: Trautman/Hanes Administration
STATUS: Communications Committee – Pending

WHEREAS: Many college students face mental health issues, including, but not limited to, depression, anxiety disorders, personality disorders, and suicidal ideation, and

WHEREAS: These issues can be compounded by a stigma in society surrounding mental health problems, mental health treatment, and discussions about mental health, and

WHEREAS: According to a 2018 study by UCLA, college campuses that had higher levels of mental health stigma saw lesser treatment-seeking behavior among their students, and

WHEREAS: According to the same study, students attending high-stigma college campuses were less likely to admit to suicidal thoughts or self-harm behaviors, and

WHEREAS: According to the Mayo Clinic, mental health stigma can take many forms, including, but not limited to, negative remarks and bullying towards someone with a mental health condition, health insurance that does not adequately cover mental health treatment, negative attitudes towards mental health treatments such as therapy and/or medication, a lack of understanding from family, friends, and coworkers, and self-stigma.

THEREFORE, BE IT RESOLVED:

SECTION ONE: The Washburn Student Government Association encourages Washburn University to conduct a study on levels of mental health stigma on the campus of Washburn University.

SECTION TWO: The Washburn Student Government Association encourages students facing mental health issues to seek treatment if they are able to do so.

SECTION THREE: A copy of this resolution shall be presented to Dr. Jerry Farley, President of Washburn University, and to Dr. Eric Grospitch, Vice President of Student Life of Washburn University.

SECTION FOUR: This resolution shall become effective upon passage.

Abby Trautman
WSGA President

Shayden Hanes
WSGA Vice President