


What is CINAHL?

- A large online computer index for Nurses and Allied Health Professionals
- Stands for “Cumulative Index to Nursing & Allied Health Literature”
- Lists virtually all the English-language nursing journals and journals from 17 allied health disciplines
- Includes academic nursing research articles, consumer health information, continuing education credit sources, and health administration articles as well as other topics

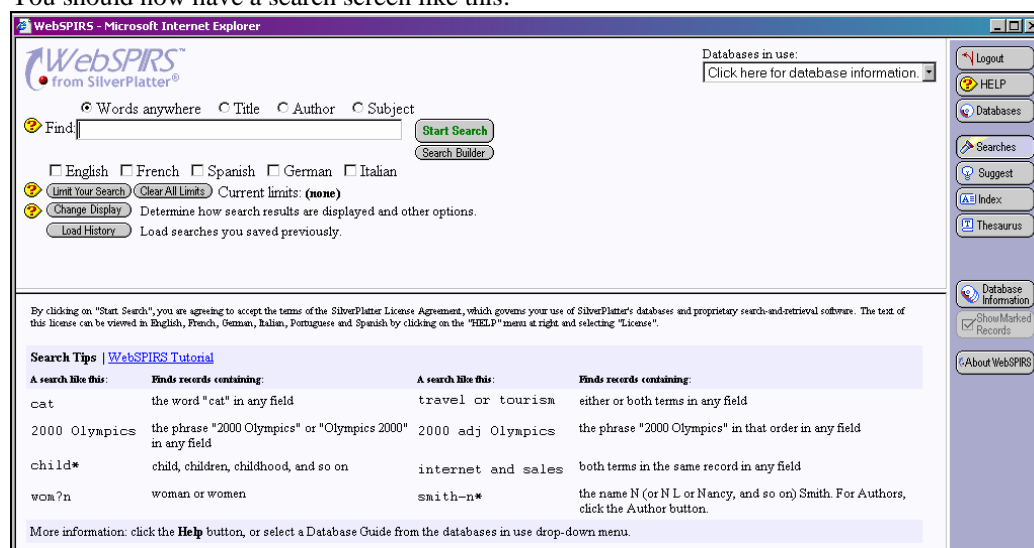
Where do I find CINAHL?

- On Mabee Library’s web site <http://www.washburn.edu/mabee/>
- Off campus users will need to enter their Washburn Identification Number which is located on their Washburn ID

Getting Started

- Connect to Mabee Library at <http://www.washburn.edu/mabee/>
- Select *Electronic Databases*, then look in the Alphabetical List for *CINAHL* (or look in the General Subject List under *Medicine, Nursing & Allied Health*)
- On the *Select Databases* page, select one, several or all of the CINAHL databases.
- Click on *Open Selected Databases* 


You should now have a search screen like this:




How do I start searching?


There are four different options for searching:


- Words anywhere Title Author Subject

- **Words Anywhere:** This is the option to search by a word or a phrase. It searches in the title and the abstract. Type in the phrase and click on the “Start Search” button.
If the words in the phrase need to be in order, use “adj” (stands for ‘adjacent’).
For example, to search for the phrase “heat stroke,” type: heat adj stroke
- **Subject:** Searching by the subject is a more direct way of finding articles on a particular TOPIC. Medical Subject Headings (**MeSH terms**) must be used when searching.
For example, the term “heart” should be “cardiac” and the term “cancer” should be “neoplasm”
Open the Thesaurus  to enter in a word and see its MeSH equivalent.
- **Author:** To search for a specific author, click this option.
For example: **Nicki L. Potts** is entered as “**Potts-N-L**”

- **Title:** This option searches for **article title**. It DOES NOT search for journal titles.
- **Journal:**  To search for articles in a particular journal, click on the “Index” button, and in the “Term:” box, type the name of the journal. Clicking on the underlined title will search that title.

How do combine searches?

To search for articles that have two or more subjects search for each subject individually and put them together using this button. 

For example, searching for articles on *Rural Health and Suicide* is done by searching for “Rural Health” first. When you see the list of results in the bottom half of the screen, use this button . Then search for “suicide” and “back to search”. Mark both searches and “combine checked”.

Mark how you want the items connected.  **and**  **or** Then repeat these steps for additional subjects.

How do I limit my search?

Click on the button 

Limits include:


- Publication Year
- Journal Subset
- Special Interest
- Current Awareness
- Document Type
- Language
- Record Features.
- Others . . .

You can fine-tune your search under “document type” by limiting your results to “articles”, articles about “nursing diagnosis” or “research” or “CEU” (continuing education credits) or by many other specifications. You can also narrow your search to a specific date range and a specific language.

Viewing Records

Use the “display” hyperlink to read the list of articles.

Abbreviations

- TI Title
- AU Author
- SO Source (journal or book)
- MJ and MN subject headings.  Look at these to get some searching ideas. Click on them!

Getting the Article or Book

To see which items are available at Mabee Library, use this button. 

If the article is not available, ask at the reference desk for assistance in requesting the item through interlibrary loan.




Printing, Saving or E-mailing Records



To print, e-mail or save full-text articles, the selected “marked records”, or article citations, choose “print”, “e-mail” or “save”. A dialog box will open. Customize what will be sent, printed or e-mailed.

Need Help?

If at anytime you have a question about CINAHL research, ask at the reference desk! We are here to help!

<p>Call Us! (785) 670-1483</p>  <p>Reference Desk Hours Mon.- Thu. 9 – 9, Fri. 9 – 5, Sat. 10 – 5, Sun. 1 – 9</p>	<p>Need help after hours? Go ONLINE!</p>  <p>E-mail reference service @ www.washburn.edu/mabee/ask.html (24-hr turnaround time)</p>	<p>Live chat reference service @</p> <p>OR</p>  <p>www.kananswer.org (chat in real time with a librarian)</p>
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