

When an Emergency Strikes, Will You Be Ready to Save a Life?



Adult CPR/AED/First Aid Certification for Washburn Employees

While you can't predict when an emergency will occur, you can be prepared. In less time than you think, American Red Cross training can give you the vital knowledge and skills you'll need to respond to a life-threatening situation with confidence.

American Red Cross training will teach you to:

- Care for conscious and unconscious choking victims
- Perform CPR
- Use an automated external defibrillator (AED) on a victim of sudden cardiac arrest
- Give first aid
- Treat sudden illnesses

Register today for the workplace CPR/First Aid/AED training session:

Date: April 28th, 2009 in the Memorial Union's Shawnee Room

Time: 9:00 a.m. – 4:30 p.m.

Cost: \$5

Training is for Washburn Employees only. Space is limited.

Co-Sponsored by: WU United Way and the Washburn University Employee Wellness Program



Together, we can save a life

With Red Cross training, you can make a difference and save lives. Register today by contacting Celeste Ehrenberg, Employee

Wellness Coordinator, at x 1314 or via e-mail

celeste.ehrenberg@washburn.edu

