

What career counseling and testing services are available at Washburn?

It is the mission of the Office of Career Counseling, Testing and Assessment to help all Washburn University students find direction both educationally and vocationally. These services can help in choosing classes, a major and various career paths. The office is a unit of CUSP located in Morgan Hall, Room 122.

Who is Eligible for Services

Our services are available to all currently enrolled Washburn students and alumni at no cost. The initial appointment is an intake appointment. At this appointment the counselor, with your input, will decide how the counseling & testing services can best assist you.

How do I know if I need career counseling and testing services?

Career decision-making can be complicated and very critical for your future. Clarifying your educational and career goals can help in studying and making the sacrifices needed for academic achievement.

What happens in a counseling & testing session?

Sometimes students shy away from counseling and testing because they don't know what to expect. At the counseling and testing services, you'll find a safe, non-judgmental environment where you can speak privately yet openly about your goals and future. The counselor can help you gain insight into your concerns and explore options. Decisions about your major and career, however, are yours to make.

What if I don't want anyone to know I'm seeing a counselor?

Confidentiality is taken very seriously by the counseling staff. Only you have the right to tell others that you are speaking to a counselor. All counseling and testing information is held in the strictest of confidence to protect your privacy

How do I make an appointment?

All students currently enrolled at Washburn University are eligible for career counseling and testing services at no charge. To make an appointment, call 670-3069, or come to Morgan Hall, Room 122. Office hours are 8:00 a.m. to 5:00 p.m., Monday through Friday. Appointments at other times may be available by arrangement.

Why Students Use Washburn's Career Counseling & Testing Services

1. to assist in adjustment to college
2. to improve time management
3. to explore the roots and "cost" of procrastinating behavior and methods to cope more effectively
4. to train in improvement of study skills
5. to clarify interest areas in terms of courses
6. to explore appropriate options for an academic major(s)
7. to assess careers that might best "fit" the student
8. ways to better understand and handle test anxiety
9. to cope more effectively with sleep disturbance

Can career counseling help me develop more effective study skills?

Career counseling and testing services also provide help with a variety of learning skills, time management, test anxiety, and determination of your personal style of learning.