

MASON ENGELKEN

SPRING 2023 SIBBERSON AWARD FINALIST - COLLEGE OF ARTS AND SCIENCES

Mason is graduating with a Bachelor of Science in Kinesiology: Exercise and Rehabilitation. In June 2023, he will begin his graduate schooling at Wichita State University pursuing a doctorate degree in physical therapy. ~~The profession of physical therapy is a place where he sees himself able to serve and invest in others while utilizing his interests and skills as a lifelong athlete and exercise enthusiast. As a lifelong athlete and exercise enthusiast, Mason sees the profession of physical therapist as a good fit for him to serve and invest in other.~~

Mason is a member to both the Phi Kappa Phi Honor Society and the Mortar Board National Honor Society. He has been selected as a WU's Who of Washburn University and was selected as the B.S. Kinesiology: Exercise and Rehabilitation Major of the Year in 2022.

Mason is a member of Washburn's Track and Field team where he competed in the hurdles and the 400-meter races. He volunteered through the track team helping to host high-school track camps and working in the Kansas Senior Games. Mason has volunteered his time as a member of the Student Athlete Advisory Committee (SAAC) where he was Director of Mental Health and currently serves as President. Mason used these positions to better the experience and access that his peers have as athletes at Washburn. He was ~~selected~~selected as an MIAA conference representative at the 2021 NCAA Houston Leadership Forum and was selected as the Golden Bod SAAC Member of the Year in 2022.

Mason ~~regularly attends~~has been a member all four years and has served as Director of Promotion and currently serving as President with the Kinesiology department gatherings and events as well as being a 4-year member of the Kinesiology Club. ~~Mason has served as the Director of Promotion and currently serves as the President. As Director of Promotion, he was able to reach out to freshman and/or newcomers at Washburn and give them the option of joining the Kinesiology Club. As President, he also advocates for the benefit of the club, as well as schedule and run monthly meetings and coordinate funding with WSGA for club trips and t-shirts. Mason was the lead advocate for the addition of hammock poles on campus to encourage students to spend time outside and take care of their mental health.~~ Mason also serves in youth ministry at his church where he is a community group leader for 7th grade boys. He helped organize "High-Five Friday's", a program where Washburn athletes encourage and inspire Robinson Middle School students. Mason is completing a Scholarly and Creative Washburn Transformation Experience where he will research the topic and draw helpful conclusions on what modality of exercise is most effective in preventing falls in an elderly population. Mason received the Betty Rae Burnett Scholarship, Reichart Athletic Scholarship-WEA, Leslie & Wilma Foster WEA Scholarship, Kritser WEA Scholarship, #1274 Miller Athletic Scholarship, Sam and Cheryl Crow CAS Scholarship, and the Tommie Hillmon Scholarship.