

TARA FOX
FALL 2023 SIBBERSON FINALIST
SCHOOL OF NURSING

Tara is graduating with a Bachelor of Science in Nursing degree. She plans to work in either the intermediate care unit or pediatric unit at either Stormont Vail or Children's Mercy and later specialize in maternal child nursing. In the future, she plans to pursue a Doctor of Nursing Practice degree and to also participate in a mission trip to Japan with the school of nursing.

Tara is a member of Sigma Theta Tau Nursing Honor Society and Phi Kappa Phi Honor Society. She volunteered at the Blue Cross and Blue Shield by assisting with a flu shot and screening clinic. She also volunteered with the Collaborative Outreach Advancing Community Health (COACH) bus activities traveling throughout Topeka and nearby communities to provide free health screenings, primary care, and health-related education. As part of the COACH activities, she also traveled to El Centro and Marion Dental Clinic to provide blood pressure checks and cholesterol and glucose monitoring.

For her Scholarly and Creative Washburn Transformational Experience and her Nursing Honors projects, Tara developed an educational presentation to increase awareness of postpartum depression and shared this with the undergraduate nursing maternal-child class as well as created small informational cards as resources for mothers in need which she distributed to clinics in her area. Tara also worked with her committee and graduate nursing program staff to develop a dental health education initiative that will hopefully be implemented into Washburn nursing curriculum and further improve the connection between oral health and overall health.

Tara received the Hoppenstedt Memorial Scholarship, White Nursing Scholarship, Blue Cross and Blue Sheild of Kansas Scholarship, and Tillie Scheibmeir Nursing Scholarship.