

WASHBURN UPWARD BOUND



APRIL 2025



## MESSAGE FROM THE DIRECTOR

Dear UB Students and Families,

As you continue on your academic journey, remember that every step forward, no matter how small, is a step closer to achieving your dreams. Academic excellence is not just about grades or achievements; it's about the growth, resilience, and wisdom you gain along the way.

Each challenge you face is an opportunity to learn and improve. Every obstacle is a chance to discover your strength and perseverance. Don't be afraid to ask questions or seek help when you need it. Your UB staff, instructors, tutors, and mentors are here for you. Your curiosity and willingness to learn are the keys to unlocking your full potential.

Believe in yourself and your abilities. You have the power to shape your future and make a positive impact on the world. Keep striving for excellence, not just for the sake of achievement, but for the joy of learning and the satisfaction of knowing you've given your best.

Remember, success is a journey, not a destination. Every day is a new chance to learn, grow, and become the best version of yourself. Stay focused, stay motivated, and always keep pushing forward. You are capable of achieving great things. Believe in yourself and never give up on your dreams.

Best wishes,

*Shelley Bearman, M.S.*

Upward Bound Director

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### OUR SOCIAL MEDIA:



[@upwardboundwashburn](#)



[WU Upward Bound](#)



[TRIO Upward Bound Program - Washburn University](#)

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## CONTACT UB STAFF



### DIRECTOR: SHELLEY BEARMAN

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(785) 670-3872

**Location:**

Room 122 Plass Building at  
Washburn University



### UB ADVISOR: ZALMA MOLINA

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**Washburn Office Phone:**

(785) 670-3873

**THS Office Phone:**

(785) 295-3220

**Location:**

Room 338 at THS or Room 122  
Plass Building at Washburn  
University

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# IMPORTANT DATES!

## **April is Financial Literacy Month!**

Some resources from U.S. Financial Literacy and Education Commission & Financial Literacy 101: from JWU

### **WUB Resources**

Resource Highlight:  
**TRIO Woodburn College Prep Pamphlets** available in room 338

**Last** Saturday Academy **of the SEMESTER** on **Saturday, April 5th**

Senior Signing Day held **right after Saturday Academy on Saturday, April 5th**

**MANDATORY Info Meeting** on Omaha Multi-Campus Tour Trip on **Wednesday, April 9, 5:30-6:30 pm at Washburn**

Omaha Multi-Campus Trip **from Wednesday, April 16th-19th**

# OPPORTUNITIES!

## **Volunteer Opportunity**

Parents as Teachers is looking for volunteers to help with childcare for a support group for families with neurodivergent children (Autism, ADHD). We want to provide a safe space where families can chat with other parents about the challenges of raising a neurodivergent child.

April 16th and 30th 5:30-7

May 14th and 28th 5:30-7

Please reach out with questions to Nicole Fairley at 785-274-6473 or [nfairley@tps501.org](mailto:nfairley@tps501.org).

## **Summer Opportunity**

**KU School of Pharmacy Day Camp**





# FINANCIAL AID

Types & Application

## STUDENT FINANCIAL AID

There are several ways to pay for a college education. One important way is to utilize free money available from the federal government. To apply for this free aid, students must submit the Free Application for Federal Student Aid (FAFSA).

According to NCES, financial aid is received by 85.5% of all students pursuing higher education including college, university, or vocational school.

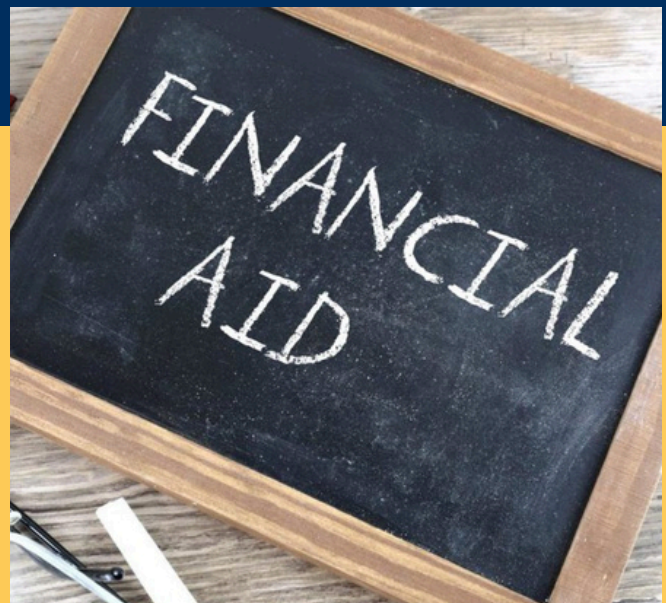
**Current high school seniors should request a Federal Student Aid (FSA) ID by mid-October for both the student and their parent/guardian.**

Visit this website to get started and apply for your FSA ID: [studentaid.gov/help/fsa-id](https://studentaid.gov/help/fsa-id).

### 8 Steps to Apply for Federal Student Aid:

1. Have Documentation Available (*you can find what's needed [here](#)*)
2. Create a Federal Student Aid Account and ID
3. Complete the Online FAFSA
4. List Codes of Colleges and Universities the student is applying to
5. Review, Sign, and Submit the FAFSA application
6. Receive the Student Aid Report (SAR)
7. Provide additional documentation as necessary
8. Receive, Review, and Accept Financial Aid Offers

**25-26 FAFSA  
IS OPEN NOW!**



# COLLEGE SCHOLARSHIPS

## SCHOLARSHIP HIGHLIGHTS:

### High School Junior and Senior Dual Credit Scholarships

- April 1st- in the spring semester for students taking Dual Enrollment in the Fall 2025 semester- **O'Brate Foundation**

### Rolling Deadline Scholarships

- Kansas Dental Education Opportunities Program-Designed to encourage dentists to establish Kansas practices. Kansas helps pay the difference between resident and nonresident tuition at the University of Missouri-Kansas City. Applications also available from UM-KC. Deadline: Rolling.
- **Foster Child Education Assistance Program**

### April Scholarship Deadlines for Seniors

### April 1st - 2025 Kansas Financial Scholars Essay Contest.

- Official rules, flyer, and entry form available **here** or on the OSBC website. If you have any questions about this essay or other ways the OSBC promotes financial literacy in our community, please contact Kristy Hanshaw at [Kristy.Hanshaw@osbckansas.org](mailto:Kristy.Hanshaw@osbckansas.org) or (785) 260-2452.

## SCHOLARSHIP QUICK LINKS:

[Washburn University](#)

[Washburn Tech](#)

[K-State](#)

[KU](#)

[Emporia State](#)

[Pitt State](#)

[Fort Hays State](#)

[WSU](#)

[JCCC](#)

**\*PLEASE INFORM ZALMA IF YOU'D LIKE ANOTHER SCHOOL ADDED TO THIS LIST.**

**Check Google drive for a full list of [scholarships](#)!**

## APRIL SCHOLARSHIP DEADLINES FOR SENIORS CONTINUED:

- April 1st- **Kansas Promise Act Scholarship from the Kansas Board of Regents.**
- April 15th- **Clinton and Billie Hill Memorial Scholarship.** \$500 to one male and one female senior basketball player.
- April 23rd - **The Student View Scholarship for high school seniors.**

## MAY SCHOLARSHIP DEADLINES

- May 1st - Kansas Nursing Service Scholarship. The obligation for the scholarship is to work for the sponsor for one year for each year of the scholarship support received.

Priority Date: May 1.

- [Online Form](#)
- [Information](#) (pdf)

- May 1st - **NE Kansas Educators Insurance Scholarship for Topeka Public Schools USD 501**
- May 1st - **Kansas Education Opportunity Scholarship.**

## JUNE SCHOLARSHIP DEADLINES

- June 7th - **Margot Bogner Memorial Scholarship**, \$2,500, Female students attending Kansas State University in the fall of 2025 who have 8 hours of community service and a 3.25 GPA.

## SENIOR STUDENT SPOTLIGHT [LINK](#)

### JANELLY ARREOLA LOPEZ

**Future plans after graduation?** After high school, I plan to attend college into the major of CSI. I am highly looking forward to it and experience many things in life.

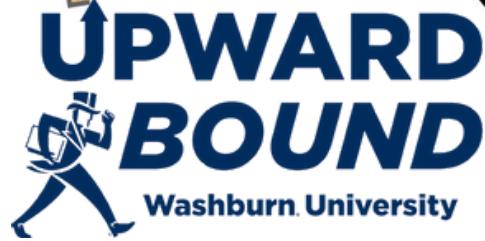
**Favorite memory while in high school?** Being in the french classroom was a delightful memory of mine. Having awesome teachers from the past three years who have assisted me into learning the language as well has been a sweet journey for me. I enjoyed the emotional and physical experience of making French foods and learning where to travel in France.

# 2025 April



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	31 <b>UB Staff will be attending conference in KC from April 1st-4th, NO UB SERVICES</b>	1 <b>UB Staff will be attending conference in KC from April 1st-4th, NO UB SERVICES</b>	2 <b>UB Staff will be attending conference in KC from April 1st-4th, NO UB SERVICES</b>	3 <b>UB Staff will be attending conference in KC from April 1st-4th, NO UB SERVICES</b>	4 <b>UB Staff will be attending conference in KC from April 1st-4th, NO UB SERVICES</b>	5 Saturday Academy and College Signing Day 8:30am-2pm (5.5 hours)
6	7 After School Tutoring 3pm-4:30pm (1.5 hours)	8 Trojan Time 10:30am-11:15am (0.75 hours) After School Tutoring 3pm-4:30pm (1.5 hours)	9 After School Tutoring 3pm-4:30pm (1.5 hours) <b>Omaha Trip Info Session</b> 5:30pm-6:30pm (1 hour)	10 Trojan Time 10:30am-11:15am (0.75 hours) After School Tutoring 3pm-4:30pm (1.5 hours)	11	12
13	14 After School Tutoring 3pm-4:30pm (1.5 hours)	15 Trojan Time 10:30am-11:15am (0.75 hours) After School Tutoring 3pm-4:30pm (1.5 hours)	16 <b>UB Staff will be traveling to Omaha, NE from April 16th-19th, NO UB SERVICES</b>	17	18 <b>NO SCHOOL</b>	19
20	21 After School Tutoring 3pm-4:30pm (1.5 hours)	22 Trojan Time 10:30am-11:15am (0.75 hours) After School Tutoring 3pm-4:30pm (1.5 hours)	23 After School Tutoring 3pm-4:30pm (1.5 hours)	24 Trojan Time 10:30am-11:15am (0.75 hours) After School Tutoring 3pm-4:30pm (1.5 hours)	25	26
27	28 After School Tutoring 3pm-4:30pm (1.5 hours)	29 Trojan Time 10:30am-11:15am (0.75 hours) After School Tutoring 3pm-4:30pm (1.5 hours)	30 After School Tutoring 3pm-4:30pm (1.5 hours)			





# SATURDAY ACADEMY

**Spring 2025 8:30am - 1:00 pm at the Plass  
Building Washburn University**

**<https://forms.office.com/r/GkFDVZVAGd>**

**DATES:**

**Saturday: 1/18/25**

**Saturday: 2/1/25**

**Saturday: 2/15/25**

**Saturday: 3/1/25**

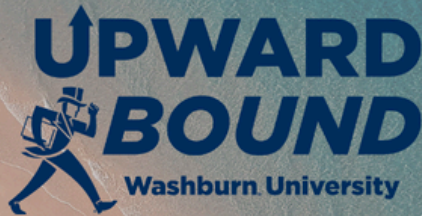
**Saturday: 3/22/25**

**Saturday: 4/5/25**

**SIGN UP!**



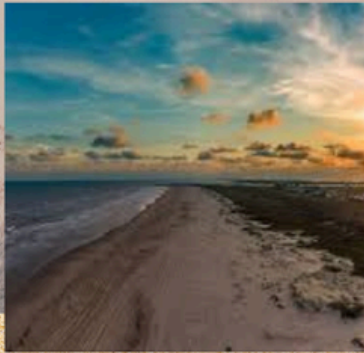




# Travel with us!



CAN YOU GUESS WHERE WE'LL BE GOING BASED ON THE PICTURES BELOW?



## COMING SOON SUMMER 2025

**DATES: Friday July 11th - Tuesday July 15th, 2025**

\*Date may be extended to Wednesday July 16th depending on the number of students signed up to attend

**SIGN-UP CAN BE FOUND ON  
WUB GOOGLE CLASSROOM**



# TROJAN TIME WORKSHOP

SPRING 2025

## January

- Week 1 : Strategies for Scholarship Writing
- Week 2 : Making College More Affordable
- Week 3 : ACT and SAT Overview
- Week 4 : Developing Good Study Habits

## February

- Week 1 : Celebrating Black History Month
- Week 2 : The College Application, Writing a Personal Statement
- Week 3 : National TRIO Day Celebration
- Week 4 : Digital Citizenship

## March

- Week 1 : Celebrating Women's History Month
- Week 4 : Understanding Debt

## April

- Week 1 : Stress Awareness Month
- Week 2 : Building a College List
- Week 4 : Personal Finance: Budgeting Skills

**SIGN UP HERE**



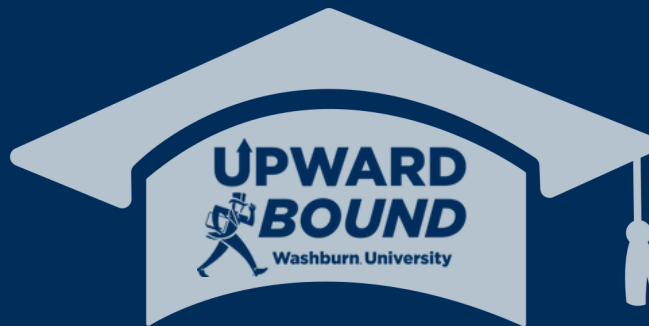
*Pop In For*

**Mon-  
THURS**

**AFTER SCHOOL  
3-4:30pm**

**IN STAFF  
CAFE AT  
THS**

**POPCORN  
&  
TUTORING**



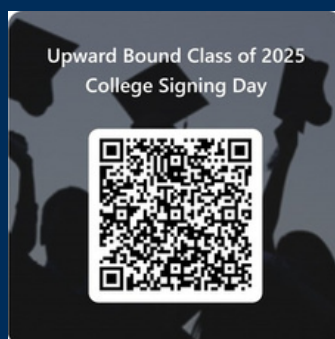
*You are invited*  
COLLEGE SIGNING DAY

2025

SATURDAY APRIL 5TH, 2025



PLASS LEARNING RESOURCES CENTER, WASHBURN UNIVERSITY  
ROOM 118 (1731 SW PLASS AVE, TOPEKA, KS 66621)  
1PM - 2PM

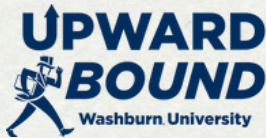


Join us for an  
afternoon of  
celebration!

PLEASE RSVP

RSVP Link: <https://forms.office.com/r/GD1sHf2mPN>





# Summer Academy 2025

## WU Pop: Blending Music, Money, and Majors

- **Offered to upcoming 9th-12th graders in the UB program Summer Academy Dates:** June 1st (Move-In Date) - July 12th (Move-Out Date)
- **Orientation Meeting:** Thursday, May 15th 5:30 - 6:30 in Plasm 120 Washburn University
- **Applications still available in room 338 at Topeka High or Via UB Google Classroom**