DECEMBER NEWSLETTER

WASHBURN UPWARD BOUND + DECEMBER 2024



WELCOME TO UPWARD BOUND!

Upward Bound Mission.

Upward Bound (UB) is a federal TRIO program that prepares students for higher education through various enrichment courses. Campusbased UB programs provide students instruction in literature, composition, mathematics, science, and foreign language during the school year and the summer. UB also offers intensive mentoring and support for students as they prepare for college entrance exams and tackle admission applications, financial aid, and scholarship forms. All Upward Bound program activities and services are free to students enrolled in the program.

Specifically, the goal of Upward Bound is to get students excited about post-secondary education and picture themselves accomplishing their goals.



Our services include...

- Needs assessment and academic advisement
- Counseling referrals
- Twice monthly Saturday Academies
- College tours
- Internship/scholarship opportunities exposing participants to careers requiring a post secondary degree
- Guest speakers from various entities
- Exposure to educational and cultural events
- College preparation and financial aid workshops

Enjoy this month's newsletter!

Upward Bound Team

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Prep for Finals

OUR SOCIAL MEDIA:



@upwardboundwashburn



WU Upward Bound



TRIO Upward Bound Program - Washburn University



December is Universal Human Rights Month!

Some resources here.

WUB STUDENT SPOTLIGHT!

MARIANA MIER

Mariana took part in the KU High School Design Competition held on October 23rd, 2024 with a group from her TCALC Principles of Engineering class. The group took part in this year's theme: Blueprints For a Better Planet by designing a building that can withstand high magnitude earthquakes.





2025 SUMMER BRIDGE

All Upward Bound seniors interested in attending the 2025 Summer Bridge must:

- Apply for the 2024-2025 and the 2025-2026 FAFSA by December 15th.
- Students must apply for the Bridge program, it is not something guaranteed to all Upward Bound students.

Upward Bound can help you and your family apply for FAFSA, reach out to Zalma to make an appointment.

Applications for Summer Bridge will be available in January 2025 for those who applied to the FAFSA in December 2024.

CONTACT UB STAFF



DIRECTOR: SHELLEY BEARMAN

Email:

shelley.bearman@washburn.edu
Washburn Office Phone:

(785) 670-3872

Location:

Room 122 Plass Building at Washburn University



UB ADVISOR: ZALMA MOLINA

Email:

zalma.molina@washburn.edu **OR** zmolina@tps501.org

Washburn Office Phone:

(785) 670-3873

THS Office Phone:

(785) 295-3220

Location:

Room 338 at THS or Room 122 Plass Building at Washburn University

MEET THE NEW TUTORS/PEER MENTOR & INTERN



TUTOR: REBECCA BEARMAN

Pronouns: She/Her Major: History and International Business Year in College: Freshman Fun Fact: I never finished

kindergarten.



SOCIAL MEDIA INTERN: YANIA SOTO

Major: Business
Minor: Communications.
Year in College: Sophmore
I look forward to working with the
Washburn Upward Bound team to create
an interactive page for the students.
Fun Fact: I love listening to music



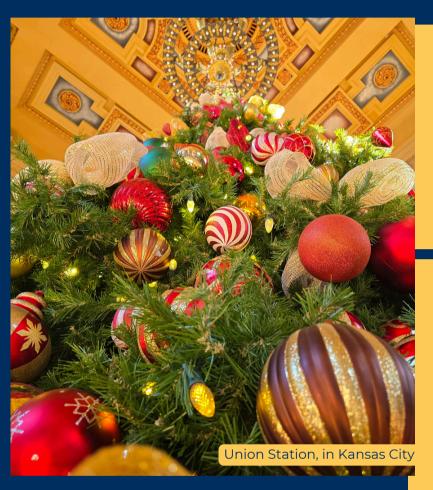
TUTOR: WENDO KIMORI

Pronouns: She/Her
Year in college: Sophomore
Major: Communication Studies
(pre-law)
Minor:Public Relations and
Leadership
Fun fact: I am a Douglas County
election official.

TUTOR: KAIDEN DURHAM

Pronouns: He/They
Major: Criminal Justice and Psychology
Year in college: freshman
Fun fact: I have a crochet small business

IMPORTANT DATES!



SECRET SANTA DATES

December 3rd: Names are selected during Trojan Time

December 12th: Gifts are exchanged during Trojan Time

FINALS STUDY SESSION

During Saturday Academy on 12/7/24

Time: 8:30am-1pm
Location: Plass Building at
Washburn University
Theme: Pajama Day!

FAFSA REVIEW SESSION ON THURSDAY DECEMBER 5TH

Time: During Trojan Time
Location: TBD
Details:

A WU Financial Aid Advisor will be available for any questions regarding completing the FAFSA All academic instructors will be present to help students prepare for final exams

Hot chocolate will be served

Bring your Chromebook and anything you need to study!

KANSAS CITY FIELD TRIP

NOVEMBER 23, 2024







Exploring the Science of Illusions at the Museum of Illusions! Had an amazing time at the Museum of Illusions, where science meets magic! Lach exhibit challenges our perception and teaches us about the fascinating world of optical phenomena. From the mindbending Vortex Tunnel to the mesmerizing Infinity Room, every corner is a new discovery.





STUDENT FINANCIAL AID

There are several ways to pay for a college education. One important way it to utilize free money available from the federal government. To apply for this free aid, students must submit the Free Application for Federal Student Aid (FAFSA).

According to NCES, financial aid is received by 85.5% of all students pursuing higher education including college, university, or vocational school.

Current high school seniors should request a Federal Student Aid (FSA) ID by mid-October for both the student and their parent/guardian.

Visit this website to get started and apply for your FSA ID: studentaid.gov/help/fsa-id.

8 Steps to Apply for Federal Student Aid:

- 1. Have Documentation Available (you can find what's needed <u>here</u>)
- 2. Create a Federal Student Aid Account and ID
- 3. Complete the Online FAFSA
- 4. List Codes of Colleges and Universities the student is applying to
- 5. Review, Sign, and Submit the FAFSA application
- 6. Receive the Student Aid Report (SAR)
- 7. Provide additional documentation as necessary
- 8. Receive, Review, and Accept Financial Aid Offers

25-26
FAFSA IS
OPEN NOW!



COLLEGE SCHOLARSHIPS

Everyone in grades 9 through 12, now is the time to research and begin applying for college scholarships!

- Create a scholarship and admissions tracking document to keep track of where you want to attend college and what scholarships you have applied for
- Often they are essay based and your Upward Bound Advisor and tutors can help edit your essay.
- When it's time to apply for college, you can ask your college Admissions staff for tips on where to find scholarships unique to your college of interest.
- Opening an email account to only use when applying for scholarships or colleges.
- Check out Google classroom for upcoming scholarship opportunities.

SCHOLARSHIP HIGHLIGHTS:

- Horatio Alger Association
- Scholarships 360 "A Helping Hand"

SCHOLARSHIP QUICK LINKS:

Washburn University

Washburn Tech

K-State

KU

Emporia State

Pitt State

Fort Hays State

WSU

JCCC

*PLEASE INFORM ZALMA IF YOU'D LIKE ANOTHER SCHOOL ADDED TO THIS LIST.

Check Google drive for a full list of scholarships!

HIGH SCHOOL COLLEGE TOURS

Join Zoom Meeting

Meeting ID: 822 0955 5738

Passcode: 147845

VIRTUAL
OPPORTUNITIES
LED BY SHELLEY
WHERE YOU CAN
EARN STIPEND
HOURS INCLUDE:



December 4, 6:00 pm-7:00 pm: Level Up Your Leadership Skills

CURRENT UPWARD BOUND STUDENTS

Contact an Upward Bound Staff member if you need a fee waiver to take the ACT or SAT or to apply for college admissions. Contact your high school counselor to register to take the ACT at THS for free, otherwise the ACT costs \$150 each time it is taken. We recommend you take it your junior year and early your senior year.

UB APPLICATIONS

Upward Bound currently is **accepting** applications! Invite your friends to apply.

Submit an <u>application online</u>.

Questions? Contact an UB
Advisor!

PREP FOR FINALS WEEK

Study Preparation <u>Tips</u>

ACT PREP

ACT & SAT

Prep

Free ACT
Practice
Tests







Saturday Academy

Fall 2024 8:30am-1pm at the Plass Building Washburn University

Dates:

Saturday 9/7/24

Saturday 9/21/24

Saturday 10/5/24

Saturday 10/19/24

Saturday 11/2/24

Saturday 11/16/24

Saturday 11/23/24 (Field Trip)

up:https://formsoffice.w

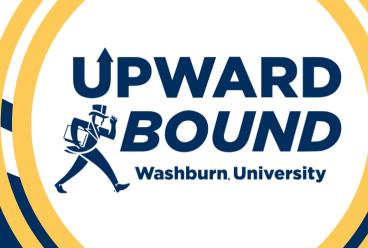
Saturday 12/7/24 (Finals Study Session!)







Popcorn will be purchased for after school tutoring starting Tuesday 10/1/24



SHELLEY'S ZOOM SESSIONS



WHEN

October 9: 6-7pm October 16: 6-7pm October 30: 6-7pm

November 6: 6-7pm **November 13:** 6-7pm

December 4: 6-7pm

JOIN ZOOM MEETING HERE **ABOUT**

Overview of ACT and SAT with Winning Tips Job Interview Skills and How To Ace Them How to Pay for College Like a Boss

Virtual Tour, University of Missouri Self Care and How to Deal With Stress

(those who sign up in advance will be able to pick up a self-care kit at THS in room 338 between November 10-12)

Level Up Your Leadership Skills

MEETING ID: 822 0955 5738

PASSCODE: 147845