

FEBRUARY NEWSLETTER

WASHBURN UPWARD BOUND

FEBRUARY 2025

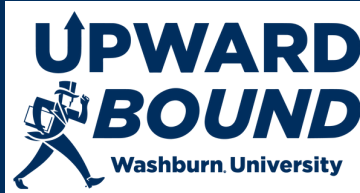


WELCOME TO UPWARD BOUND!

Upward Bound Mission.

Upward Bound (UB) is a federal TRIO program that prepares students for higher education through various enrichment courses. Campus-based UB programs provide students instruction in literature, composition, mathematics, science, and foreign language during the school year and the summer. UB also offers intensive mentoring and support for students as they prepare for college entrance exams and tackle admission applications, financial aid, and scholarship forms. All Upward Bound program activities and services are free to students enrolled in the program.

Specifically, the goal of Upward Bound is to get students excited about post-secondary education and picture themselves accomplishing their goals.



Our services include...

- Needs assessment and academic advisement
- Counseling referrals
- Twice monthly Saturday Academies
- College tours
- Internship/scholarship opportunities exposing participants to careers requiring a post secondary degree
- Guest speakers from various entities
- Exposure to educational and cultural events
- College preparation and financial aid workshops

Enjoy this month's newsletter!

Upward Bound Team

INSIDE THIS ISSUE:

[Contact UB Staff](#)

[Important Dates](#)

[Financial Aid](#)

[Scholarships](#)

OUR SOCIAL MEDIA:

 [@upwardboundwashburn](#)

 [WU Upward Bound](#)

 [TRIO Upward Bound Program - Washburn University](#)

CONTACT UB STAFF



DIRECTOR: SHELLEY BEARMAN

Email:

shelley.bearman@washburn.edu

Washburn Office Phone:

(785) 670-3872

Location:

Room 122 Plass Building at
Washburn University



UB ADVISOR: ZALMA MOLINA

Email:

zalma.molina@washburn.edu

OR zmolina@tps501.org

Washburn Office Phone:

(785) 670-3873

THS Office Phone:

(785) 295-3220

Location:

Room 338 at THS or Room 122
Plass Building at Washburn
University

MEET THE NEW TUTORS/PEER MENTOR & INTERN



SOCIAL MEDIA INTERN: YANIA SOTO

Major: Business

Minor: Communications.

Year in College: Sophomore

I look forward to working with the Washburn Upward Bound team to create an interactive page for the students.

Fun Fact: I love listening to music

TUTOR: REBECCA BEARMAN

Pronouns: She/Her

Major: History and
International Business

Year in College: Freshman

Fun Fact: I never finished
kindergarten.



TUTOR: WENDO KIMORI

Pronouns: She/Her

Major: Communication Studies
(pre-law)

Minor: Public Relations and
Leadership

Year in college: Sophomore

Fun fact: I am a Douglas County
election official.



TUTOR: KAIDEN DURHAM

Pronouns: He/They

Major: Criminal Justice and Psychology

Year in college: Freshman

Fun fact: I have a crochet small business

TUTOR: NATHAN BEARMAN

Pronouns: He/Him

Major: History

Year in college: Junior

Fun fact: I studied abroad in Europe

IMPORTANT DATES!

**December is
Universal Human
Rights Month!**

Some resources here.

WUB Resources

Resource Highlight:
Upward Bound has ACT
books to check-out to
study. Pick one up in
room 338 at Topeka
High!

FAFSA HELP SESSIONS AT WASHBURN.

[More Info](#)

February 12th

February 18th

February 27th

SUMMER BRIDGE INFO MEETING

Tuesday February 4th

SUMMER ACADEMY INFO MEETING

Wednesday February 5th

National TRIO Day

Saturday, February 22nd!

ACT TEST TAKING TIPS



FINANCIAL AID

Types & Application

STUDENT FINANCIAL AID

There are several ways to pay for a college education. One important way is to utilize free money available from the federal government. To apply for this free aid, students must submit the Free Application for Federal Student Aid (FAFSA).

According to NCES, financial aid is received by 85.5% of all students pursuing higher education including college, university, or vocational school.

Current high school seniors should request a Federal Student Aid (FSA) ID by mid-October for both the student and their parent/guardian.

Visit this website to get started and apply for your FSA ID: studentaid.gov/help/fsa-id.

8 Steps to Apply for Federal Student Aid:

1. Have Documentation Available (*you can find what's needed [here](#)*)
2. Create a Federal Student Aid Account and ID
3. Complete the Online FAFSA
4. List Codes of Colleges and Universities the student is applying to
5. Review, Sign, and Submit the FAFSA application
6. Receive the Student Aid Report (SAR)
7. Provide additional documentation as necessary
8. Receive, Review, and Accept Financial Aid Offers

**25-26 FAFSA IS
OPEN NOW!**



COLLEGE SCHOLARSHIPS

Everyone in grades 9 through 12, now is the time to research and begin applying for college scholarships!

- Create a scholarship and admissions tracking document to keep track of where you want to attend college and what scholarships you have applied for.
- Often they are essay based and your Upward Bound Advisor and tutors can help edit your essay.
- When it's time to apply for college, you can ask your college Admissions staff for tips on where to find scholarships unique to your college of interest.
- Opening an email account to only use when applying for scholarships or colleges.
- Check out Google classroom for upcoming scholarship opportunities.

SCHOLARSHIP HIGHLIGHTS:

- [Bernice and Larry Robbins Scholarship – Due March 1st, 2025](#)

SCHOLARSHIP QUICK LINKS:

[Washburn University](#)

[Washburn Tech](#)

[K-State](#)

[KU](#)

[Emporia State](#)

[Pitt State](#)

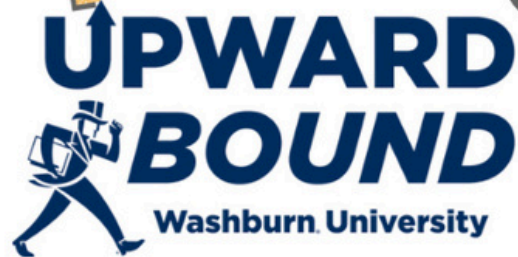
[Fort Hays State](#)

[WSU](#)

[JCCC](#)

***PLEASE INFORM ZALMA IF YOU'D LIKE ANOTHER SCHOOL ADDED TO THIS LIST.**

Check Google drive for a full list of [scholarships!](#)



SATURDAY ACADEMY

**Spring 2025 8:30am - 1:00 pm at the Plass
Building Washburn University**

<https://forms.office.com/r/GkFDVZVAGd>

DATES:

Saturday: 1/18/25

Saturday: 2/1/25

Saturday: 2/15/25

Saturday: 3/1/25

Saturday: 3/22/25

Saturday: 4/5/25

Saturday: 4/19/25

SIGN UP!



TROJAN TIME WORKSHOP

SPRING 2025

January

- Week 1 : Strategies for Scholarship Writing
- Week 2 : Making College More Affordable
- Week 3 : ACT and SAT Overview
- Week 4 : Developing Good Study Habits

February

- Week 1 : Celebrating Black History Month
- Week 2 : The College Application, Writing a Personal Statement
- Week 3 : National TRIO Day Celebration
- Week 4 : Digital Citizenship

March

- Week 1 : Celebrating Women's History Month
- Week 4 : Understanding Debt

April

- Week 1 : Stress Awareness Month
- Week 2 : Building a College List
- Week 4 : Personal Finance: Budgeting Skills

SIGN UP HERE



Pop In For

**Mon-
THURS**

**AFTER SCHOOL
3-4:30pm**

**IN STAFF
CAFE AT
THS**

**POPCORN
&
TUTORING**