

2021-2022 Assessment Cycle

Assessment Plan

Mission Statement

Mission:

The Mission of the Kinesiology Department is to engage students in an impassioned search for intellectual growth and personal fulfillment through study in one or more of the disciplines encompassed by the domains of health and human movement, and prepare them for a career in Kinesiology or further study in related graduate and/or professional degree programs. The Department promotes the acquisition and application of knowledge and skills, fosters critical thinking, participates in research, and supports students and faculty in discipline-related service to the University, the profession, and the global community.

Measures

BA/BS/BED - Kinesiology Outcome Set

KN PSLO #1 Fundamental knowledge

Outcome: Identify, interpret and explain the fundamental scientific, historical and philosophical knowledge in the principal areas of Kinesiology

▼ **Measure:** Exams
Program level Direct - Exam

Details/Description:

Students will complete exams assessing knowledge of fundamental core scientific components in

Exercise Physiology.

Acceptable Target:

Cumulative minimum score of 70% of 4 exams.

▼ **Measure:** History presentation
Program level Direct - Student Artifact


Details/Description:

Student will develop and make a class presentation on some aspect of historical significance in Kinesiology.

Acceptable Target:

A minimum score of 7/10 on the rubric/evaluation form.

Supporting Attachments:

 KN250 History Presentation eval form.docx (Word Document (Open XML))

▼ **Measure:** Literature review
Program level Direct - Student Artifact


Details/Description:

Research and compile a literature review on a topic within the field of Kinesiology.

Acceptable Target:

A minimum score of 7/10 on the evaluation/rubric form.

Supporting Attachments:

 KN250 Literature Review rubric (Word Document (Open XML))

▼ **Measure:** Movement Analysis exam
Program level Direct - Exam

Details/Description:

Answer the Movement Analysis questions (multiple

Acceptable Target:

choice, fill in the blank and written response) that accounted for 40% (50/125) of final exam.

Minimum score of 70% on the Movement Analysis section questions on the final exam.

KN PSLO #2 Summarize relationships

Outcome: Examine and summarize the relationship between physical activity participation and health, wellness, and quality of life.

▼ **Measure:** Behavior Change Project
Program level Direct - Student Artifact


Details/Description:

Participate in a behavior change project and report results.

Acceptable Target:

Minimum score of 70% on the Behavior Change rubric.

Supporting Attachments:

 [KN248 Behavior Change rubric \(Word Document \(Open XML\)\)](#)

▼ **Measure:** Wellness Essay
Program level Direct - Student Artifact


Details/Description:

Write an essay detailing personal strategies designed to initiate and maintain a healthy lifestyle.

Acceptable Target:

Minimum score of 70% on the Wellness Essay rubric.

Supporting Attachments:

 [KN248 Wellness Essay rubric \(Word Document \(Open XML\)\)](#)

KN PSLO #3 Perform assessments

Outcome: Successfully perform standard assessments to determine an individual's health and fitness status.

▼ **Measure:** Lab assessments
Program level Direct - Other

Details/Description:	Evaluation of skills and competencies achieved for lab-based health and fitness assessments
Acceptable Target:	Minimum score of 70% on all lab assignments


▼ **Measure:** Lab assignments
Program level Direct - Other

Details/Description:	Complete lab assignments/assessments and determine wellness status.
Acceptable Target:	Minimum score of 70% (70/100) on lab assignments.

▼ **Measure:** Wellness Portfolio
Program level Direct - Portfolio

Details/Description:	Create an electronic portfolio that demonstrates individual participation in and evaluation of the 7 wellness dimensions.
Acceptable Target:	Minimum score of 70% on the Wellness Portfolio rubric.

Supporting Attachments:

 KN248 Wellness Portfolio rubric (Word Document (Open XML))

KN PSLO #4 Apply technology


Outcome: Demonstrate proficiency in computer technology skills and use of applications that can be applied in exercise, fitness and sport settings

▼ **Measure:** Document design
Program level Direct - Student Artifact

Details/Description: Produce properly formatted documents for implementation into exercise, sport and physical education settings.

Acceptable Target: Minimum scores of 70% on documents

Supporting Attachments:


 KN266 Newsletter Assignment rubric (Microsoft Word)

▼ **Measure:** Power Point project
Program level Direct - Student Artifact

Details/Description: Create, correctly format and submit a power point presentation on an area of exercise, sport or physical education.

Acceptable Target: Minimum score of 70% on the project

Supporting Attachments:

 KN266 Power Point project rubric (Word Document (Open XML))

▼ **Measure:** Video Project
Program level Direct - Student Artifact

Details/Description: Create an instructional video showing "how to" demonstrate and teach a fitness or exercise-related skill.

Acceptable Target: Minimum score of 70% on the project.

Supporting Attachments:

 KN266 Video Project rubric (Word Document (Open XML))

KN PSLO #5 Evaluate research

Outcome: Critically review and evaluate research about physical activity and the movement-related professions.

▼ **Measure:** Evaluate research
Program level Direct - Student Artifact

Details/Description: Critically evaluate research on physical activity and movement-related professions.


Acceptable Target: Minimum score of 70% on the assignment.

▼ **Measure:** Evaluate Scientific Literature
Program level Direct - Student Artifact

Details/Description: Analyze and apply scientific literature in the area of Exercise Physiology.

Acceptable Target: Minimum score of 70% on these assignments.

Supporting Attachments:

 KN326 Research Reading List Evaluation (Word Document (Open XML))

▼ **Measure:** Literature Review
Program level Direct - Student Artifact

Details/Description: Produce an extensive literature review, with critical analysis/discussion of the chosen topic

Acceptable Target: Minimum score of 70% on the assignment.

Supporting Attachments:

 KN411 Literature Review Evaluation (Microsoft Word)

Analysis and Reporting Calendar

Data on all KN PSLOs are collected and analyzed after each semester. Each KN faculty member regularly reports and reflects on any classes they teach that are connected to a PSLO. They complete and return to the Department Chair a detailed document I've created titled Assessment of Student Learning Objectives Report Form.

This form identifies the specific PSLO(s) associated with their class(es), and requests information on learning objectives, assessment methods/standards, and assessment results. It also asks them to reflect and identify any plans for improving the course, and if they've created new and/or unique educational learning experiences. This information is compiled for the entire academic year and discussed with each faculty member during year-end Chair evaluations. It would also be shared with all department faculty when having a comprehensive KN PSLO review discussion.

Stakeholder Involvement

Department faculty

Full-time faculty complete end-of-semester reviews of PSLO achievement in courses for which they are responsible to teach. Data is communicated through departmental and university reports, publications and web sites. Faculty regularly communicate with supervisors and employers at field sites and local businesses, as well as academic/professional colleagues at national, regional, and local meetings/conferences. Information is discussed in department staff meetings throughout the academic year and taken into consideration during classroom and department-level planning sessions.

Adjuncts

Currently, no adjunct is teaching a class that is specifically connected to a department PSLO. They are, however, encouraged to provide suggestions on how to improve courses they teach. The department hosts an adjunct lunch/business meeting prior to the start of each semester to explore suggestions, review any new policies and procedures, discuss and resolve problem areas and answer any questions.

Students

There are three KN Department student clubs that host regular meetings and input/comments about KN degrees and coursework are encouraged. Students also receive feedback on a variety of course assessments and can meet with faculty to discuss results and, in so doing, provide the instructor with valuable information to consider implementing/adjusting in future classes.

Advisory Boards

There are no formal advisory boards in place at this time. However, all Site Supervisors of clinical field experiences and internships provide at least two (midway and final) formal evaluations for each student they supervise. Site Supervisors are encouraged to share these evaluations with the student to not only address any problem areas, but to encourage and compliment good work so the student knows what level of performance is expected in a professional setting. Site Supervisors are also encouraged to contact the KN Field Experience or Internship Supervisor(s) to discuss relevant issues with a student's performance and/or provide suggestions for additional theoretical learning experiences to help better prepare students for these professional field experiences/internship settings.

Program Assessment Plan Review Cycle

In the Fall of 2019 the KN Department implemented a planned overhaul of its degree programs, reducing the number of degree from six to four, with two of the degrees being brand new.. The following semester the COVID-19 pandemic restrictions and complications occurred, making assessment of these new degree programs nearly impossible. In addition, two full-time faculty members resigned just prior to the beginning of the Fall 2021 semester, plus two adjunct faculty members passed away, one in Fall 2021 and one in Spring 2022, further restricting proper assessment due to the difficulty meeting course offerings and regular rotations. As a result, the KN Department has not been able to have a formal discussion of PSLOs for several years. However, with the hiring of two new faculty members this past spring, a KN Program Assessment discussion will be an agenda item at our annual retreat this August, just prior to the start of the fall semester.

The plan will be to review each KN PSLO and appraise their connection to the department learning outcome expectations. In addition, suggestions for new and/or revised PSLOs , as well as potential additional courses to include in assessing our learning outcomes, would be discussed and then evaluated throughout the academic year to see if they should be included in the list of PSLOs.. If determined that changes are necessary, the attempt

would be made to implement them during the 2022-23 academic year and noted in the subsequent KN Program Assessment report.

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