

Washburn University - Athletic Training Program Health Requirements

(For your information only – does not need to be returned)

Upon initial admittance to the Athletic Training Program, students are required to complete a physical examination with Student Health Services or a family physician. **The exam must be performed by a licensed MD, DO, PA or APRN and must be on the ATP student medical record form available from the AT Program Director.** This examination is required to verify that students possess the technical standards including the motor, intellectual, communication, and social abilities to perform in the program. Additionally, the physician is required to verify immunization and medical history.

Students are required to show proof of and/or have the following immunizations and diagnostic screening: Hepatitis B (verification of three immunizations or signed declination form; see information below), measles, mumps, rubella, (MMR-verification of two vaccinations or titer), varicella (proof of two vaccinations or medical history of having had the chicken pox), tetanus shot within the past five years, and diphtheria vaccinations. Students are also required to receive tuberculosis (TB) skin testing as part of their physical examination and each year thereafter, and an annual flu shot. Any expenses for immunizations or medical screenings are at the expense of the student. All of the health requirements are available through the Washburn Student Health Services for nominal fees.

Students are expected to practice universal precautions when dealing with blood-borne pathogen transmission. Each student is required to attend annual OSHA blood-borne pathogen training. Students are encouraged to wash hands frequently when caring for athletes and to wear disposable latex gloves when administering to wounds, cuts and abrasions.

Finally, students are required to submit proof of personal medical insurance, prior to starting the professional phase of the AT program.

Hepatitis B Vaccine Recommendation

(Please see the back for more information regarding hepatitis)

All health care workers who come in contact with body fluids such as blood, semen, vaginal secretions, saliva, or body fluids containing blood are considered to be at high risk for contracting hepatitis. Students enrolled in the Athletic Training Program are considered at risk.

Since healthcare providers are considered at high risk for exposure to HBV (Hepatitis B Virus), we **HIGHLY RECOMMEND** that students receive the vaccine to immunize themselves against the virus. The vaccine is given in a series of three doses over a six-month period. The cost of the vaccine is between \$35-50 per dose. This vaccine is available at the Student Health Center. The student is responsible for the cost of the vaccine; however, some insurance companies will cover the fees.

The Occupational Safety and Health Administration (OSHA) recognize only the employer and employee in its policies and guidelines. Students are not considered employees. As such, students are not covered under the OSHA policy by either Washburn University or the facility providing clinical education. A student having exposure to blood-borne pathogens must seek medical follow-up through their private physician or county health clinic. It is up to each student to follow body-substance isolation procedures and to protect themselves via vaccination.

**YOU ARE URGED TO CONSULT WITH YOUR PHYSICIAN PRIOR TO YOUR
DECISION TO RECEIVE OR REFUSE THE HEPATITIS B VACCINE.**