

# Washburn University – Department of Kinesiology Athletic Training Program

## Student Professional Development Unit (PDU) Policy

The purpose of this policy is to ensure that Athletic Training Students become actively involved in the athletic training profession, integrate into the culture of sports medicine prior to graduation, and educated about the process of continuing education requirements for maintaining athletic training certification and licensure. According to the Board of Certification for Athletic Training, continuing education (CE) requirements for athletic trainers are intended to promote continued competence, development of current knowledge and skills and enhancement of professional skills and judgment beyond the levels required for entry-level practice<sup>1</sup>. Accordingly, PDU activity should promote competence, development of knowledge and enhance professional skills related to the practice of athletic training.

Each student will be required to submit a PDU tracking log along with all required documentation at the end of each academic year showing **25 hours/credits of professional development**. The time frame for each reporting year will begin June 1<sup>st</sup> and end on the Friday of “dead week” in May (exceptions can be made upon request, but only due to extenuating circumstances). The 25 hours/credits requirement is consistent with the BOC content domains for practicing ATCs.

There are 4 categories where hours/credits can be earned.

**No more than 12 hours may be obtained within any given category.** Hours/credits are based upon type and length of activity with no more than 5 credits for any given activity (typically 1 hour activity/lecture = 1 credit up to 5 credits). PDUs will only be awarded for activities that are completed within the academic year. They may not carry forward to subsequent years.

### **PDU Categories**

#### ***A – Professional Membership/Involvement***

Credit given for annual NATA and/or KATS membership, membership in other professionally related organizations (ACSM, etc.) and credit for holding leadership positions within discipline related student organizations or applying for professional scholarships.

- 3 hours/credit each for renewal of memberships (2 for NATA / 1 for KATS)
- 6 hours/credit for serving on KATS / MAATA Student Leadership Council
- 4 hours/credit for each “Executive” leadership position held in SATS (President / Treasurer.) (or other organization related to athletic training)
- 3 hours/credit for holding a “Directors” position within SATS or other student organization related to athletic training
- 2 hours/credit for active involvement with a SATS committee or other committee related to athletic training
- 2 hours/credits for involvement with any other campus activity/organization (documentation of attendance & active participation required)
- 2 hours/credits for each scholarship / award application
- 1 hour/credit for each SATS meeting attended
- Required Documentation:
  - Receipt / membership card for membership renewals, letter of involvement from faculty advisor of student organization, copy of scholarship application, certificate of attendance, SATS attendance log

### ***B – Education Programs / Presentation***

Activities where you are actively in attendance at a sports medicine related seminar, conference, workshop, evening lecture related to athletic training, or other educational activities such as completing journal quizzes or watching webinars.

- Professional Presentation as follows:
  - Oral presentation at MAATA (district) or higher = 10
  - Poster presentation at MAATA (district) or higher = 8
  - Oral presentation at KATS (state) = 7
  - Poster presentation at KATS (state) = 6
  - Oral or Poster presentation at University level (Aperion or Day of Transformation) = 5
- Required Documentation: Official program listing participation or letter of acceptance
- Attendance at professional meetings and/or seminars with hours/credits based upon actual time in attendance (no more than 5 for any event)
  - Examples: KATS meeting / KATS Student meeting  
MAATA District Meeting  
ACES Workshop  
NATA National Meeting
- Required Documentation: Certificate or letter of attendance
- Journal quizzes as follows:
  - Journal of AT or other peer reviewed journal quiz = 4
  - Trade magazine quiz = 2
  - Required Documentation: Copy of completed quiz
- NATA hosted or other professionally related webinar
  - Hours/credits based upon actual time of webinar (1 PDU / hr up to 5 hrs.)
  - Required Documentation: Copy of registration and written summary of the on-line presentation

### ***C – Volunteer / Civic Activities***

Activities where you serve in the capacity of a medical professional outside of ATP requirements and assignments (must be appropriately supervised) or where you volunteer with other sports/medically related organizations.

- Hours/credits based upon actual service and amount of time (no more than 5 per event)
- Volunteer activities **MUST BE** approved by the Program Director/Clinical Coordinator in advance to ensure appropriate supervision.
  - Example of Volunteer Activities:
    - Pre-season football/volleyball/soccer coverage – 1 PDU per practice up to 5 credits.
    - NCAA/HS athletic event hosted by WU or other clinic, where ATC's are present.
    - Medical Intern with Sunflower State Games (5 PDU's)
    - Taking an athlete to a medical appointment. Student must observe the process, be involved with the medical professional, and report the results of the appointment to the ATC involved with the athlete. (1 PDU)
  - Example of Civic Activities: Sunflower State Games fundraiser volunteer; Boys & Girls Club, Big Brothers/Big Sisters, Special or Senior Olympics, Jump Rope for Heart, Relay for Life, etc.
- Required Documentation:
  - Letter or memo from official involved with event or WU ATC that can verify

### ***D – Miscellaneous Activities***

Activities where you are actively engaged in promoting Athletic Training as a profession or showcasing the AT Program or promoting the Student Athletic Training Society as an active campus or community group, or where you are actively engaged in a program or event involving development of professional skills or behaviors.

Specific activities **MUST BE** approved by Program Director or Clinical Coordinator in advance

- Hours/credits based upon agreement with instructor/supervisor.
  - Example: Student legislative letter writing campaign = 1 PDU for each letter written
- Required Documentation
  - Letter or memo documenting activity and involvement signed by PD/CEC
- Examples:
  - Represent WU on Quiz Bowl team (3 PDU's)
  - Participating in University sponsored Etiquette Dinner (2 PDU's)

### **Sanctions related to non-compliance with the PDU Requirement**

Failing to complete the annual PDU requirement will result in temporary program suspension, just as certification would be suspended for failing to complete required CEU's. Sanctions may include, but are not limited to:

- ***PDU's submitted without proper documentation will result in a forfeiture of those credits.***
- Delinquent PDU's must be submitted prior to the beginning of the subsequent school year.
- Additionally, students delinquent in submitting the PDU will be required to submit an additional 12 PDU's for the subsequent year (37 instead of 25).
- Failure to submit the PDU's by the beginning of the subsequent school year will result in the student being administratively dropped from all athletic training class. Reinstatement at this point would only be granted upon re-application per the program's violation and disciplinary policy
- Seniors delinquent in submitting PDU's will be given no greater than a grade of 'C' in the 493 Clinical Experience course and will not be granted BOC exam endorsement from the ATP or letters of recommendation from the ATEP faculty or staff.