

Washburn University
Athletic Training Program
Athletic Training Student
Professional Dress Code

The purpose of athletic training clinical experiences is to allow the student to practice clinical skills and prepare them for entry-level careers in athletic training. It is also intended to develop their professionalism and improve their overall understanding and appreciation of the profession. Therefore, in order to create a conducive learning environment and promote student professionalism, students will be expected to dress and behave in manners consistent with the profession of athletic training as listed below. Consistent with other allied health program on campus, ATS are expected to provide their own appropriate clothing/uniforms.

Failure to follow the prescribed dress code may result in students being asked to leave the clinical site or change their clothing. Dress code regulation is at the discretion of the CEC or your assigned CP. Regardless of disciplinary action taken, improper dress will result in an unexcused absence, a loss of clinical experience course points, and will affect clinical experience course final grade.

General Policy

- * **NO CLEAVAGE RULE:** It is *inappropriate* at any clinical experience to have exposed toe cleavage, chest cleavage, buttock cleavage, or stomach cleavage. A student can and will be sent home from a clinical experience for breaking any of the above mentioned rules. **A student must be able to bend over, squat down, reach overhead and crouch without any of the previously mentioned locations of skin being exposed.**
- * Any clothing regardless of style that is deemed offensive or derogatory, limits the student's participation, or is disruptive to the function of the athletic training room and/or the athletic programs is prohibited.
- * When placed at a clinical site outside of Washburn, the student must follow the dress code of the clinical site as determined by their clinical supervisor. If there is no dress code required at a clinical site, you must follow the one set by the Athletic Training Program.
- * Nametags **MUST** be worn at all times for off-campus clinical experiences.

University Athletic Training Room and Practice Sessions:

- Students are encouraged to wear shirts with a Washburn University logo that are gray, navy blue or white. Shirts from "Bod Squad" and other campus activities may or may not be appropriate and should be avoided (check with CEC to determine appropriateness). No clothing should display inappropriate or derogatory comments.
- Do not wear clothing/hats with other institution's logos (i.e., KU, K-State, etc.)
- Students may choose to wear collared polo style shirts/blouses or dress shirts/blouses instead of a WU shirt. **Regardless of style, shirts/blouses must have sleeves, cover the mid-riff, be tucked in, have an appropriate neckline and/or be buttoned appropriately.**
- Casual pants/slacks are preferred. Nice looking jeans are acceptable. Athletic pants or *nice looking sweats* are only acceptable if school colored – navy, gray, white, black, or khaki. **All pants must be hemmed, worn at waist level and cover all undergarments. No ripped or patched clothing and no rolled up pants. Traditional gray sweatpants are not accepted.**
- Shorts may be worn as long as they are at waist level, at least mid-thigh length, and are no longer than the top of the knees. Jean/denim shorts are not acceptable.
- Hats may be worn to outdoor practice sessions. **Only hats with a Washburn University logo or other appropriate, non-athletic/non-collegiate symbol (such as a Nike symbol) are**

acceptable. No hats with logos from other universities, colleges or professional athletic teams, or that advertise alcohol, tobacco, or other drugs.

- No sandals, flip-flops, slippers, or inappropriate slip on shoes at any time in the athletic training room or at practice sessions.
- Outerwear for practice sessions may be weather appropriate, but should be nice looking and not limiting to the function of an athletic training student. (For example, a trash bag as a raincoat is unacceptable.) No outerwear with logos from other universities, colleges or professional athletic teams, or that advertises alcohol, tobacco, or other drugs.

Clothing for events (indoor and outdoor) is at the discretion of your CP and the event ATC, regardless of what coaches may deem acceptable or wear themselves!

• **University Outdoor Events and Games:**

- Clothing should be coordinated between the other staff and athletic training students.
- Clothing should consist of a Washburn University Athletic Training shirt, khaki shorts or pants, or appropriate navy or gray athletic pants. Jeans, jean shorts and sweatpants are prohibited. Pants must be worn at waist level and cover all undergarments.
- No sandals, flip-flops, slippers, or slip-on shoes.
- Washburn University hats only.
- Outerwear for events may be weather appropriate, and should have a WU logo. If not, then, outerwear must be nice looking and not limiting to the function of an athletic training student. No outerwear with logos from other universities, colleges or professional athletic teams, or that advertises alcohol, tobacco, or other drugs.

• **University Indoor Events and Games:**

- **Slacks or pants are required. Jeans, athletic pants, shorts and sweatpants are prohibited. Pants must be worn at waist level and cover all undergarments.**
- Washburn University athletic training collared shirts are acceptable, or students may choose to wear collared polo style shirts/blouses or dress shirts/blouses instead of a WU shirt. Any non-WU logo or symbols are prohibited.
- Regardless of style, shirts/blouses must have sleeves, cover the mid-riff, be tucked in, have an appropriate neckline, and be buttoned.
- Dresses and/or skirts should be appropriate length and fit and allow ease of movement and discretion.
- No sandals, flip-flops, or slippers. Appropriately heeled shoes are acceptable.
- No hats

Travel attire:

- Travel attire should be consistent with the rules of the traveling coaching staff and should be professional.

If you have to stop and think if it is Ok to wear, then it's probably not.

When in doubt; check with your clinical preceptor.