Kinesiology Department
Minor in Coaching
(16 credit hours)

The Minor in Coaching provides students the education and experience needed to obtain an entry-level coaching position. In addition, courses selected provide the knowledge needed to complete the American Sport Education Program (ASEP) national coaching certification exam. The Minor in Coaching is aligned with the National Association for Sport and Physical Education (NASPE) Standards.

Required courses:

KN 240  Coaching Principles and Philosophy (2 cr.) (no prerequisites)

KN 257  Prevention and Care of Athletic Injuries (3 cr.) (no prerequisites)

KN 300  Psychology of Sport and Physical Activity (3 cr.)
(prerequisites for KN300 are: KN 248 (3 cr.) & KN 250 (2 cr.) OR consent of instructor)

Choose TWO of the following (prerequisites are: KN 248 (3 cr.) & KN 250 (2 cr.) OR consent of instructor):

KN 341  Physical Education Activity Techniques I (2 cr.)
(basketball, soccer/speedball, softball, flag football, team handball, lacrosse, and floor hockey)

OR

KN 342  Physical Education Activity Techniques II (2 cr.)
aerobics, group exercise and weight lifting

OR

KN 343  Physical Education Activity Techniques III (2 cr.)
volleyball, tennis, badminton, pickleball, golf archery, and bowling

Choose TWO of the following (no prerequisites): SEE NOTE BELOW

KN 253  Coaching Football (2 cr.) (new name) new number will be KN 281
KN 302  Coaching Basketball (2 cr.) (new name) new number will be KN 282
KN 303  Coaching Track and Field (2 cr.) new number will be KN 283
KN 304  Coaching Baseball and Softball (2 cr.) new number will be KN 284
KN 305  Coaching Tennis and Volleyball (2 cr.) new number will be KN 285
KN xxx  Coaching Soccer (new course proposal) new number will be KN 286

Plus current CPR/AED Certification at time of graduation.

NOTE:
The Minor in Coaching is undergoing a revision that will be finalized in Fall 2021. The above closely represents what the new requirements will be, but additional changes may be made.