

My name is Kamana Adhikari and I am from Nepal, Kathmandu. I am currently pursuing my Bachelors Degree concentrating in Actuarial Science and Finance. I love to travel and read books. I decided to be a part of PAIS so I can learn more about the campus while also helping new students transitioning to USA. I am currently completing my internship at SE2, LLC as a Business System Analyst and I am also a teaching assistant for the math department. When I first arrived, it was difficult to adjust as an introvert I had hard time asking for help and to be away from family and friends and adjusting to the culture difference. What I learned along the way is, it is okay to ask for help everyone is accessible you just need to reach out to them. When I reached out, not only did I get the help I needed, but I also connected with others who were on the same boat as me. It made this experience so much less stressful and more enjoyable. Just know that it will take time to figure out a lot of things but overtime you will have experiences, friends and your new world with you.