

FACULTY AGENDA ITEM

Date: 3/18/2024

Submitted by: Maria Stover, x. 1802

Subject: New Sports and Health Psychology, Minor

Description: The disciplines of psychology and kinesiology are complementary ones, particularly for students pursuing degrees in health and fitness promotion and exercise and rehab science. The sport and health psychology minor is designed to expose students to a variety of foundational knowledge and skills in both psychology and kinesiology. Students will develop an understanding of educational paths and career opportunities in the fields of kinesiology and psychology.

Rationale: The disciplines of psychology and kinesiology are complementary ones, particularly for students pursuing degrees in health and fitness promotion and exercise and rehab science. The sport and health psychology minor is designed to expose students to a variety of foundational knowledge and skills in both psychology and kinesiology. Students will develop an understanding of educational paths and career opportunities in the fields of kinesiology and psychology.

There is a bright occupational outlook for careers related to exercise and rehabilitation science. (Data from O*Net, which is updated regularly and is developed under the sponsorship of the U.S. Department of Labor/Employment and Training Administration).

Financial Implications: None indicated.

Proposed Effective Date: Fall 2024

Request for Action: Approval by AAC/FS/ Gen Fac/WUBOR

Approved by: AAC on 3/18/2024

Faculty Senate on date

Attachments: **Yes** ☒ **No** ☐

Program Change Request

New Program Proposal

Date Submitted: 02/14/24 10:49 am

Viewing: : **Sport and Health Psychology, Minor**

Last edit: 03/19/24 9:03 am

Changes proposed by: Maria Stover (maria.stover)

Catalog Pages Using
this Program

[Sport and Health Psychology, Minor](#)

In Workflow

- 1. AA Committee
- 2. Faculty Senate
- 3. General Faculty
- 4. WUBOR
- 5. Final Acad Ops
- 6. Registrar

Approval Path

- 1. 03/19/24 9:03 am
Holly Broxterman
(holly.broxterman):
Approved for AA
Committee

General Information

Effective Catalog Edition	2024-2025
Department	College of Arts and Sciences
College	College of Arts and Sciences
Division	
Degree Level	Undergraduate
Program Title	Sport and Health Psychology, Minor
Degree to be Offered	Minor (MINOR)
Is this program offered completely online?	No
Does this program lead to a teaching certification?	No
Program Code	
Is this program an interdisciplinary program?	No
CIP Code	422815 - Performance and Sport Psychology.
Modality	

New Program Header

Statement of Justification/Rationale for Offering the Program	The disciplines of psychology and kinesiology are complementary ones, particularly for students pursuing degrees in health and fitness promotion and exercise and rehab science. The sport and health psychology minor is designed to expose students to a variety of foundational knowledge and skills in both psychology and kinesiology. Students will develop an understanding of educational paths and career opportunities in the fields of kinesiology and psychology.
Program Demand	There is a bright occupational outlook for careers related to exercise and rehabilitation science (Data from O*Net, which is updated regularly and is developed under the sponsorship of the U.S. Department of Labor/Employment and Training Administration).

Projected Enrollment for the Initial Three Years of the Program

Implementation

Year 2

Full-Time	-	Part-Time Headcount	-
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Headcount Per Year	Per Year		
Full-Time Sem	-	Part-Time Sem Credit	-
Credit Hrs Per Year		Hrs Per Year	
Year 3			
Full-Time	-	Part-Time Headcount	-
Headcount Per Year		Per Year	
Full-Time Sem	-	Part-Time Sem Credit	-
Credit Hrs Per Year		Hrs Per Year	
Employment			
Employment Opportunity Information			

Admission and Curriculum

Admission Criteria			
Total Number of Semester Credit Hours for the Degree Curriculum	18		
<p>This minor requires a minimum of 18 credit hours, consisting of 12 required credit hours and six credit hours taken from an approved list of electives. A minimum of 6 hours will be at the upper-division level. Students must have a grade of “C” or better in each course. A minimum of six hours used to meet the minor requirements must be earned in residence at Washburn University. Students may request alternate coursework be accepted toward the minor. Students should make these requests prior to completing coursework.</p>			
Required Courses			
KN 248	Wellness Concepts and Applications		3
KN 300	Psychology of Sport and Physical Activity		3
or KN 318	Exercise Psychology		
PY 100	Basic Concepts in Psychology		3
PY 307	Physiological Psychology		3
or PY 326	Health Psychology		
Subtotal			12
Elective Courses			
Select two courses from the following:			6
KN 300	Psychology of Sport and Physical Activity		
or KN 318	Exercise Psychology		
KN 308	Nutrition for Sports & Fitness		
KN 326	Physiology of Exercise		
KN 410	Fitness Testing and Exercise Prescription		
PY 307	Physiological Psychology		
or PY 326	Health Psychology		
PY 309	Theories of Personality		
PY 333	Counseling Psychology		
or PY 350	Introduction to Clinical Psychology		
PY 389	Independent Study		
PY 390	Directed Research		
SO 315	Sociology of Sport		
Total Hours			18
Pathway			

Faculty Workload Analysis

Faculty Workload Analysis (describe how the course offering schedule and anticipated enrollments correlate to faculty lines)

Supplemental Files [Interdisciplinary Minor Division Vote.pdf](#)

Reviewer
Comments

Holly Broxterman (holly.broxterman) (02/20/24 11:55 am): To streamline division voting process and to meet governance deadlines (unable to run parallel voting in CourseLeaf), Maria Stover coordinated the process via paper. Attached are the division voting results - all divisions have voted to approve.

Holly Broxterman (holly.broxterman) (03/07/24 9:24 am): 3/7/2024 - Approved in CFCCC, CFC and 3/5/24 CAS Meeting via paper process. Approved by Dr. Erby to move to AAC queue for 3/18 AAC meeting.

Holly Broxterman (holly.broxterman) (03/19/24 9:03 am): Approved in 3/18/24 Academic Affairs Committee Meeting.