

## What To Do If You're Deciding on a Major or Career Choice While You're Social Distancing



Career Services

1. Use FOCUS2 for some insights. Use the 5 short assessments for information about your interests, personality, values, and skills and how they match to occupations and careers and to majors at Washburn. Focus includes information on about 1200 occupations.  
<https://www.focus2career.com/Portal/Login.cfm?SID=796> (access code: ichabods)
2. Compare your interest codes from FOCUS2 (Holland code) to those of specific majors on the Career Services website, then learn about the majors. <https://www.washburn.edu/student-life/career-services/major-path/majors-interest-codes.html> and <https://www.washburn.edu/academics/aos/index.html>
3. Discover "What Can I Do With This Major?" to find out what people do with their major and some tips on getting there. "What Can I Do" can only be accessed via the Career Services website: <https://www.washburn.edu/career-services> (FOCUS@ also has a "What Can I Do" function under "Explore the Possibilities")
4. Further explore occupations and careers in O\*NET. O\*NET is an occupational database that includes more than 12,000 different job titles. It includes info on outlook, the type of work, the work environment, and what related occupations (alternatives) are. You can use your interest codes (Holland code) from Focus to look up matching occupations and jobs in O\*NET.  
<https://www.onetonline.org/>
5. Discuss options and FOCUS2 results with a career advisor. Make an appointment via your Handshake account or call us at 785-670-1450. <https://washburn.joinhandshake.com>
6. Discuss options with an academic advisor.  
<https://www.washburn.edu/academics/advising/index.html>
7. Conduct informational interviews. Use LinkedIn to find Washburn alumni by major or occupation, then request a connection via LinkedIn. When they accept, ask them questions about how they got where they are, and for advice. People like to give advice, but remember to take it with a grain of salt: No occupation is perfect, and none is completely terrible. It's all about fit. Don't have a LinkedIn profile? Now's the perfect time to start!  
<https://www.linkedin.com> and <https://university.linkedin.com/linkedin-for-students>