Housing Resources

1. Topeka Housing Authority (THA)

- 785-357-8842
- 2010 SE California Avenue Topeka, KS 66607

2. Kansas Bar Association (KBA)

- Speak with trained lawyer about tenant eviction rights for \$2/minute
- 1-800-928-3111
- Tennant rights Handbook https://www.kansaslegalservices.org/sites/kansaslegalservices.org/files/THB.pdf

3. - Catholic Charities of NE Kansas

- Family Support Centers provide food, housing, utility, clothing, and personal hygiene assistance to eligible applicants.
- 785-233-6300
- 234 South Kansas Avenue, Topeka KS 66603
- <u>https://catholiccharitiesks.org/</u>

4. TRM Ministers

- Men's and women's shelters, rehousing programs in Topeka
- 785-354-1744
- <u>https://www.trmonline.org</u>

Help with Paying Bills

- https://www.needhelppayingbills.com/html/shawnee county assistance prog.html

Medication Resources

1. Boehringer Ingelheim

- Requirements: No health coverage or not enough to cover medications. Meet household income guidelines

- Eligible medications and application:
- https://www.boehringer-ingelheim.com/us/about-

us/sustainable-development/our-commitment/how-apply

2. AstraZeneca Prescription Savings Program (AZ & Me)

- Requirements: No insurance OR private insurance without prescription drug coverage. Medicare beneficiaries who do not qualify for low-income subsidy or Part D may be available. Meet household income guidelines. Life-changing situations considered.

Eligible medications: https://www.azandmeapp.com

3. Merck Patient Assistance Program

- Eligible medications: https://www.merckhelps.com/Products.aspx

Then you follow the link for the medication that is needed for the Application that you should fill out.

4. GSK Patient Assistance Program

- Requirements: Meet household income guidelines.
- Eligible medications and vaccinations: <u>https://www.gskforyou.com/</u>

5. Lilly Cares Foundation Patient Assistance Program

- Requirements: No insurance or have Medicare Part D. Legal resident of the US, Puerto Rico, or US Virgin Islands. Meet household income guidelines.

- Eligible medications and how to apply:

- <u>https://www.lillycares.com/how-to-apply#check-</u> eligibility

6. Novo Nordisk (DIABETES MEDICATIONS)

-Requirements: No insurance OR have Medicare. Legal resident of the US. Meet household income guidelines.

- Eligible medications and application (English and Spanish): <u>https://www.novocare.com/diabetes/help-with-costs/pap.html</u>

7. Johnson & Johnson Patient Assistance Program

-Requirements: No insurance OR private insurance without prescription drug coverage Medicare Part D beneficiaries may also be eligible if they can prove they spend more than 4% of their gross income on medications Meet household income guidelines. -Eligible medications and application: https://www.jjpaf.org/

8. Takeda Help at Hand

-Requirements. No insurance OR private insurance without prescription drug coverage. Meet household income guidelines. Recent job loss.

-Eligible Medications and Application:

https://www.takeda.com/en-us/corporate-responsibility/patient-assistance/

9. Needy Meds

-Database for prescription assistance programs and discounts on prescription, generic, and OTC medications. <u>https://www.needymeds.org/pap</u>

-Drug discount cards available for anyone to use. Also available as an app <u>https://www.needymeds.org/drug-discount-card</u>

10. Teva Cares Foundation

- Requirements: Meet certain income and insurance eligibility requirements (not entirely clear

-Eligible medications: <u>https://www.tevacares.org/how-to-apply/</u>

- Application: <u>https://s3.amazonaws.com/rxassistorg/docs/teva-cares-frm.pdf</u> **11. GoodRx**

-Drug discount cards available for anyone to use. Also available as an app. Fill out application on website for card.

-https://www.goodrx.com/discount-card

12.Shawnee County Medical Health Access

-Community partnership to grant access to health care for low-income, uninsured residents of Shawnee County Shawnee County Medical Society Health Access

-https://scmsha.org/

-Phone: 785-235-0996 -Email: haapp@stormontvail.org

Transportation Resources

1. ModivCare (Formerly LogistiCare)

- NEMT (non-emergency medical transportation) to/from healthcare/WIC appointments for eligible patients with Sunflower/Kansas Medicaid
- Patients may qualify for gas mileage reimbursement, or paid bus/taxi fares
- Call 1-877-917-8162 to reserve a ride, or book online:
- <u>https://www.modivcare.com/offerings/nemt/</u>
- 2. Kansas VA (Veteran's Association) and DAV (Disabled American Veterans)
 - Voluntary Transportation Network Program

- https://www.va.gov/eastern-kansas-health-care/dav-vans-transportation-for-veterans/
- Veterans can contact their VA social worker to schedule transportation 2 business days prior to medical appointments
- Can also notify Salina transportation coordinator at 785-640-0119 to schedule transportation (Salina van runs in Topeka Wednesday and Thursday)
- Topeka Beneficiary Travel Points of Contact
 - Mary Heintzelman-Glenn: 913-682-2000 ext 53310
- Appointments **do not** have to be at a VA location
- Veterans may also be eligible for reimbursement of travel costs. Online claim service: <u>https://news.va.gov/129612/veteran-travel-101-applying-for-</u> <u>reimbursement/#toc Who is eligible</u>

3. KanCare

- Must have KanCare Insurance for rides to and from medical appointments
- (800) 792-4884

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<u>http://www.kancare.ks.gov</u>

Food Resources

1. Topeka Rescue Mission Distribution Center

- 785-357-1828
- 401 NW Norris Street Topeka, KS
- <u>https://www.trmonline.org</u>

2. Harvesters

- 785-861-7700
- 215 SE Quincy St. Topeka, KS
- <u>https://www.harvesters.org/</u>

3. Let's Help

- Community Lunch 11:30-1pm M-F: 9:30-10:30 am 2nd and 4th Saturday
- 785-234-6208
- 200 S. Kansas Ave Topeka, KS
- <u>https://letshelpinc.org/</u>

4. Temple of Deliverance Church Food Pantry Topeka

- Pantry hours: 2 Saturday of the month from 11:00am-1:00pm
- 785-235-6755
- 520 SE Norwood Street Topeka, KS

5. Catholic Charities Food Pantry Topeka

- Photo ID required. Pantry hours: 11:00 am-2:00pm M, T, Th, F
- 785-233-6300
- 234 S. Kansas Ave Topeka, KS
- <u>https://catholiccharitiesks.org/locations/topeka/</u>

"WASHBURN STUDENTS ONLY*

6. Bods Feeding Bods

- Monday-Saturday 3:00 pm-5:00 pm (closed on Wednesdays, Saturdays, and Sundays and any campus closures. Limited hours during the summer semester)
- 785-670-3865
- Kuehne Hall, Room 101
- https://www.washburn.edu/student-life/services/bods-feeding-bods/index.html

7. Washburn University Campus Advocate

- Molly Steffes-Herman
- 785-670-3100 molly.herman@washburn.edu
- Kuehne Hall, Suite 200, she may provide community resources.

Safety Resources

1. Kansas Coalition Against Sexual & Domestic Violence

 -Collaboration with various agencies across the state working to provide shelter, counseling. and medical services, legal assistance, and emergency help for victims of sexual and domestic.
-Resources for victims of domestic and sexual violence, stalking, and human violence

-24/7 Crisis Hotline: 1-888-363-2287

-https://www.kcsdv.org/

2. YWCA Northeast Kansas

- YWCA Center for Safety and Empowerment
- Resources for victims of domestic and sexual violence, stalking, and human trafficking.
- Services by appointment only, contact advocates.
- Address: 225 SW 12th St. Topeka, KS 66612
- Topeka Number: (785) 233-1750
- Crisis Hotline: (888) 822-2983
- https://www.ywcaneks.org/

3. Sexual Assault Forensic Exam (SAFE)

-Stormont-Vail Emergency Department

-Trauma-trained multidisciplinary team including nurses, advocates, social workers, to provide medical, emotional, legal, and forensic care to sexual assault victims It is the patient's choice whether to file a police report and/or have the exam performed. Patients choose which part of the exam will be performed

-Call 911 or walk-in at 901 SW Garfield Avenue, Topeka KS 66606

WASHBURN STUDENTS ONLY

4. Campus Police Report a crime, Help Phones

- Phone 785-670-1153
- Morgan Hall, Room 135
- https://www.washburn.edu/student-life/health-safety/index.html

5. Student Counseling Services

- Free, short-term counseling services for Washburn students
- 8 sessions per semester, can facilitate referral to outside mental health professionals if determined necessary
- Hours Monday-Friday 8:00 am-5:00 pm
- Kuehne Hall, Suite 200
- 785-670-3100 option 1
- Phone counseling 24/7: 785-670-3100 option 2
- Crisis Line: 988 call or text
- https://www.washburn.edu/student-life/services/counseling/index.html

6. Victim Advocacy and Case Management

- Free, confidential victim advocacy services available to students and staff
- Molly Steffes-Herman
- 785-670-3100
- Office: Kuehne Hall, Suite 200
- https://www.washburn.edu/student-life/services/counseling/campus-advocate.html

Additional Resources

I. Shawnee County WIC

- 785-251-5607
- 2600 Sw E circle Drive Topeka, KS 66606
- https://www.shawneehealth.org/hd/

2. KanCare/Sunflower Health Plan

- KanCare Enrollment Center phone: 1-800-792-4884
- https://cssp.kees.ks.gov/apspssp/

Updated 9/9/2024

3. Topeka Housing Authority (THA)

- 785-357-8842

- 2010 SE California Avenue Topeka, KS 66607 - <u>https://www.tha.gov</u>

4. Shawnee County Health Department

- Immunizations, STD Clinic
- 785-251-5700
- 2115 Sw 10 Avenue Topeka, KS 6604
- <u>https://snco.gov/hd/immunizations.php</u>

5. Shawnee County Medical Health Access

- See above under Medication Assistance, Item 12